



ANTHONY PEAKE
CONSCIOUSNESS & THE PLEROMA
PRESENTED BY THE HIGHERSIDE CHATS



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1
00:00:08,990 --> 00:00:07,160
the plaintiff thought the masters almost

2
00:00:11,299 --> 00:00:09,000
surely have a plan

3
00:00:13,810 --> 00:00:11,309
this clearly maybe something there

4
00:00:18,100 --> 00:00:13,820
beyond the realm of man

5
00:00:30,100 --> 00:00:21,620
you think you know the less you maybe do

6
00:00:30,110 --> 00:00:34,910
she was just

7
00:00:34,920 --> 00:00:43,169
without you

8
00:00:47,170 --> 00:00:45,520
all right higher set Cheddar's you know

9
00:00:48,939 --> 00:00:47,180
that we love talking about the various

10
00:00:51,610 --> 00:00:48,949
brands of high strangeness out there

11
00:00:53,829 --> 00:00:51,620
alien abduction Little People sightings

12
00:00:55,779 --> 00:00:53,839
Bigfoot cryptids the indio genic

13
00:00:58,479 --> 00:00:55,789

experienced an entity contact through

14

00:01:00,490 --> 00:00:58,489

magical rituals just to name a few well

15

00:01:02,319 --> 00:01:00,500

folks a major unifying component of

16

00:01:04,719 --> 00:01:02,329

these mysterious encounters with aspects

17

00:01:06,340 --> 00:01:04,729

of the other side is us because all of

18

00:01:08,440 --> 00:01:06,350

these experiences come through the lens

19

00:01:10,749 --> 00:01:08,450

of human perception and of course the

20

00:01:12,219 --> 00:01:10,759

mainstream often uses that fact as an

21

00:01:14,469 --> 00:01:12,229

excuse to dismiss these strange

22

00:01:15,850 --> 00:01:14,479

occurrences entirely which is wrong but

23

00:01:16,330 --> 00:01:15,860

it's still a fact that shouldn't be

24

00:01:18,490 --> 00:01:16,340

ignored

25

00:01:20,440 --> 00:01:18,500

what role does human consciousness play

26

00:01:22,270 --> 00:01:20,450

in these situations or any situation for

27

00:01:23,889 --> 00:01:22,280

that matter if the Gnostics were right

28

00:01:25,930 --> 00:01:23,899

in the material world is a persistent

29

00:01:27,700 --> 00:01:25,940

illusion in itself categorizing things

30

00:01:29,620 --> 00:01:27,710

by their realness seems a bit like

31

00:01:32,260 --> 00:01:29,630

categorizing water by levels of wetness

32

00:01:33,999 --> 00:01:32,270

anyway so today once again we're getting

33

00:01:36,039 --> 00:01:34,009

deep with Anthony peek one of the kings

34

00:01:37,480 --> 00:01:36,049

of consciousness research he's written

35

00:01:39,789 --> 00:01:37,490

several great books along the way but

36

00:01:42,010 --> 00:01:39,799

most recently his decade-plus study of

37

00:01:43,809 --> 00:01:42,020

reality the mind in altered states has

38

00:01:46,300 --> 00:01:43,819

come together in his latest masterpiece

39

00:01:48,520 --> 00:01:46,310

opening the doors of perception the key

40

00:01:50,740 --> 00:01:48,530

to cosmic awareness back in the THC

41

00:01:52,510 --> 00:01:50,750

saddle after four long years and still

42

00:01:54,460 --> 00:01:52,520

blowing more Minds than the US military

43

00:01:57,790 --> 00:01:54,470

anthony peek welcome back to the higher

44

00:02:01,089 --> 00:01:57,800

side wow greg can i can actually live up

45

00:02:03,279 --> 00:02:01,099

to that odd wonderful analogy with water

46

00:02:05,020 --> 00:02:03,289

really really brilliant yeah walls from

47

00:02:07,869 --> 00:02:05,030

wetness yeah you them and you're really

48

00:02:09,040 --> 00:02:07,879

that thank you thank you but it's been a

49

00:02:10,540 --> 00:02:09,050

long time and I've definitely been

50

00:02:13,119 --> 00:02:10,550

paying attention to your work along the

51
00:02:15,460 --> 00:02:13,129
way I love this new book and the title

52
00:02:17,110 --> 00:02:15,470
is of course a play on Aldous Huxley's

53
00:02:19,990 --> 00:02:17,120
famous doors of perception written back

54
00:02:22,150 --> 00:02:20,000
in the 50s and to kick this off you

55
00:02:23,830 --> 00:02:22,160
write that you called the book opening

56
00:02:25,720 --> 00:02:23,840
the doors of perception because you

57
00:02:27,970 --> 00:02:25,730
believe the time has come to reevaluate

58
00:02:29,500 --> 00:02:27,980
the model of perception suggested by

59
00:02:31,360 --> 00:02:29,510
Huxley and to view it through the lens

60
00:02:33,490 --> 00:02:31,370
of our modern science and that is well

61
00:02:35,380 --> 00:02:33,500
said so where do we see the greatest

62
00:02:38,530 --> 00:02:35,390
need for updating wouldn't have been our

63
00:02:40,750 --> 00:02:38,540

biggest insight since Huxley's time well

64

00:02:42,699 --> 00:02:40,760

I think with the developments in quantum

65

00:02:45,729 --> 00:02:42,709

physics the developments in neuro

66

00:02:48,070 --> 00:02:45,739

chemistry and the development of our own

67

00:02:51,399 --> 00:02:48,080

understanding of the the true nature of

68

00:02:53,849 --> 00:02:51,409

the universe and also the expansion of

69

00:02:56,300 --> 00:02:53,859

our understanding of virtual reality I

70

00:02:59,270 --> 00:02:56,310

think all

71

00:03:02,960 --> 00:02:59,280

lead us to the idea that we are more

72

00:03:05,210 --> 00:03:02,970

aware of the idea of external reality

73

00:03:06,080 --> 00:03:05,220

being some form of simulation that we've

74

00:03:08,420 --> 00:03:06,090

ever done before

75

00:03:11,540 --> 00:03:08,430

now when Aldous Huxley wrote his book

76

00:03:14,059 --> 00:03:11,550

back in 1954 it was an excellent book

77

00:03:16,729 --> 00:03:14,069

but he was writing from experience and

78

00:03:19,699 --> 00:03:16,739

he couldn't necessarily link that to

79

00:03:21,880 --> 00:03:19,709

known science whereas now we are in this

80

00:03:24,949 --> 00:03:21,890

very very strong position of

81

00:03:26,870 --> 00:03:24,959

understanding exactly the relationship

82

00:03:32,140 --> 00:03:26,880

between consciousness and reality and

83

00:03:34,570 --> 00:03:32,150

how that relationship can be widened by

84

00:03:38,240 --> 00:03:34,580

certain substances or certain

85

00:03:40,309 --> 00:03:38,250

neurological or neuro chemical state hmm

86

00:03:43,699 --> 00:03:40,319

yeah I mean obviously we've learned

87

00:03:45,620 --> 00:03:43,709

quite a bit since then and I mentioned

88

00:03:47,930 --> 00:03:45,630

Gnostics in the intro and you talk about

89

00:03:50,180 --> 00:03:47,940

the plural quite often in the book for

90

00:03:52,280 --> 00:03:50,190

people who are unfamiliar tell us about

91

00:03:54,440 --> 00:03:52,290

how the Gnostics viewed reality and this

92

00:03:58,070 --> 00:03:54,450

poor Omar they described and how that

93

00:04:01,460 --> 00:03:58,080

fits into your view okay the Gnostics

94

00:04:04,280 --> 00:04:01,470

were a group of individuals group of a

95

00:04:05,420 --> 00:04:04,290

religious group around about the 1st and

96

00:04:07,280 --> 00:04:05,430

2nd century AD

97

00:04:09,830 --> 00:04:07,290

they've always been around and they were

98

00:04:11,590 --> 00:04:09,840

probably around before that period but

99

00:04:14,569 --> 00:04:11,600

effectively they were a group of

100

00:04:16,250 --> 00:04:14,579

theologians and individuals who thought

101
00:04:19,490 --> 00:04:16,260
very very deeply about the true nature

102
00:04:22,969 --> 00:04:19,500
of reality and one of the major issues

103
00:04:25,670 --> 00:04:22,979
they had with the belief systems of the

104
00:04:30,010 --> 00:04:25,680
time a was something called theodicy and

105
00:04:32,810 --> 00:04:30,020
theodicy is why it is that a good god

106
00:04:35,480 --> 00:04:32,820
yay were whatever we want to call him is

107
00:04:39,290 --> 00:04:35,490
willing to accept the existence of evil

108
00:04:43,100 --> 00:04:39,300
the logic being that how could a truly

109
00:04:45,890 --> 00:04:43,110
eminently good God create childhood

110
00:04:48,920 --> 00:04:45,900
cancer or how could he allow evil to

111
00:04:52,100 --> 00:04:48,930
exist and indeed why would he allow the

112
00:04:55,370 --> 00:04:52,110
existence of Lucifer or whatever we want

113
00:04:57,920 --> 00:04:55,380

to talk about now at that time obviously

114

00:05:00,350 --> 00:04:57,930

most people had a religious worldview

115

00:05:03,770 --> 00:05:00,360

and a mystic worldview of how reality

116

00:05:06,500 --> 00:05:03,780

worked and the the Gnostics concluded

117

00:05:08,719 --> 00:05:06,510

quite rationally and I'm sure this is a

118

00:05:09,719 --> 00:05:08,729

position that most thinking individuals

119

00:05:13,350 --> 00:05:09,729

come to at some stage

120

00:05:15,839 --> 00:05:13,360

in their life is that maybe the God that

121

00:05:18,329 --> 00:05:15,849

is the God of the Old Testament or even

122

00:05:21,179 --> 00:05:18,339

the god of the New Testament isn't

123

00:05:23,670 --> 00:05:21,189

necessarily the real God that there is

124

00:05:26,899 --> 00:05:23,680

an existence behind this existence and

125

00:05:30,029 --> 00:05:26,909

that this existence has been created by

126
00:05:32,939 --> 00:05:30,039
what is known as the Demiurge the half

127
00:05:35,459 --> 00:05:32,949
creator yelled above and the idea that

128
00:05:38,189 --> 00:05:35,469
we are trapped within this simulated

129
00:05:40,739 --> 00:05:38,199
world that keeps us away from the real

130
00:05:43,290 --> 00:05:40,749
reality behind the reality now the

131
00:05:45,809 --> 00:05:43,300
Gnostics called that reality the reality

132
00:05:49,589 --> 00:05:45,819
behind reality or the God above God as

133
00:05:54,239 --> 00:05:49,599
my friend Miguel Connor calls it that is

134
00:05:55,980 --> 00:05:54,249
the plural and the plural is from the

135
00:05:57,779 --> 00:05:55,990
Latin I think it's much it may even be

136
00:06:00,749 --> 00:05:57,789
from Greek and it literally means

137
00:06:05,040 --> 00:06:00,759
fullness and it's the idea that there is

138
00:06:07,439 --> 00:06:05,050

something behind this reality that we

139

00:06:10,980 --> 00:06:07,449

can under certain circumstances perceive

140

00:06:13,290 --> 00:06:10,990

or part of us can perceive because the

141

00:06:18,540 --> 00:06:13,300

Gnostics argued that what has happened

142

00:06:20,730 --> 00:06:18,550

is we have all within us a shard of the

143

00:06:23,699 --> 00:06:20,740

pleure oma a little kind of nugget

144

00:06:26,070 --> 00:06:23,709

within ourselves that is that is lost

145

00:06:27,480 --> 00:06:26,080

from the plural that is bitten that is

146

00:06:30,510 --> 00:06:27,490

beyond our understanding

147

00:06:33,629 --> 00:06:30,520

and this yearns and knows that the

148

00:06:35,100 --> 00:06:33,639

something greater and Gnosticism and of

149

00:06:39,860 --> 00:06:35,110

course the word gnosis means knowledge

150

00:06:43,139 --> 00:06:39,870

is that by gnosis we can enlighten

151
00:06:44,899 --> 00:06:43,149
literally and metaphorically that shard

152
00:06:47,730 --> 00:06:44,909
of the plur Ouma that's inside ourselves

153
00:06:50,299 --> 00:06:47,740
to realize that we are far greater than

154
00:06:54,089 --> 00:06:50,309
this illusory reality we live within of

155
00:06:56,779 --> 00:06:54,099
course the issue is that the Gnostics

156
00:07:01,739 --> 00:06:56,789
also argue that there are elements of

157
00:07:04,079 --> 00:07:01,749
the Demiurge yalda both there are agents

158
00:07:07,350 --> 00:07:04,089
within the world which which they termed

159
00:07:10,290 --> 00:07:07,360
the archons now anybody who knows the

160
00:07:12,089 --> 00:07:10,300
movie The Matrix will know this is the

161
00:07:13,290 --> 00:07:12,099
central concept of the matrix and in

162
00:07:15,689 --> 00:07:13,300
fact the matrix and the Wachowski

163
00:07:17,429 --> 00:07:15,699

brothers readily acknowledge that they

164

00:07:20,699 --> 00:07:17,439

would they were talking about Gnosticism

165

00:07:23,040 --> 00:07:20,709

here and of course the idea that neo

166

00:07:23,520 --> 00:07:23,050

becomes an enlightened being he becomes

167

00:07:25,740 --> 00:07:23,530

a word

168

00:07:28,350 --> 00:07:25,750

when when he takes the the red pill he

169

00:07:31,670 --> 00:07:28,360

becomes aware of the fact that there is

170

00:07:35,400 --> 00:07:31,680

a reality behind the reality and the

171

00:07:37,800 --> 00:07:35,410

agent Smith and his associates are there

172

00:07:40,470 --> 00:07:37,810

to actually deny us that overall

173

00:07:45,090 --> 00:07:40,480

existence now the issue here is always

174

00:07:48,320 --> 00:07:45,100

that spirituality and mysticism as

175

00:07:51,660 --> 00:07:48,330

opposed to religion which is dogma

176

00:07:54,210 --> 00:07:51,670

mysticism and spirituality teach greater

177

00:07:57,870 --> 00:07:54,220

truths using analogies because

178

00:08:00,210 --> 00:07:57,880

effectively if you are an entity or

179

00:08:02,880 --> 00:08:00,220

something you're trying to explain very

180

00:08:05,090 --> 00:08:02,890

deep esoteric ideas to the masses the

181

00:08:07,740 --> 00:08:05,100

only way you can do that is by analogy

182

00:08:10,800 --> 00:08:07,750

so effectively I would argue that the

183

00:08:13,230 --> 00:08:10,810

whole Gnostic worldview is an analogy of

184

00:08:16,110 --> 00:08:13,240

a knowledge that has been known for

185

00:08:18,630 --> 00:08:16,120

centuries and has been carried through

186

00:08:21,480 --> 00:08:18,640

the gnostic traditions of christian

187

00:08:25,080 --> 00:08:21,490

Gnosticism the Kabala of judaism and

188

00:08:27,840 --> 00:08:25,090

Sufism of their Muslims and on top of

189

00:08:30,600 --> 00:08:27,850

this this this idea that reality is an

190

00:08:32,790 --> 00:08:30,610

illusion is also found in all Eastern

191

00:08:35,490 --> 00:08:32,800

religions you know the concept of Meyer

192

00:08:38,610 --> 00:08:35,500

or in Hinduism it is all the idea that

193

00:08:41,040 --> 00:08:38,620

this is some form of brain generated

194

00:08:44,190 --> 00:08:41,050

illusion and of course we now know from

195

00:08:46,710 --> 00:08:44,200

our knowledge of how the brain works and

196

00:08:48,180 --> 00:08:46,720

our knowledge of neurology and our

197

00:08:50,850 --> 00:08:48,190

knowledge of what is now called

198

00:08:54,450 --> 00:08:50,860

consciousness studies the idea of how

199

00:08:57,180 --> 00:08:54,460

the brain recreates within itself an

200

00:08:58,860 --> 00:08:57,190

inner image of what external reality is

201
00:09:01,140 --> 00:08:58,870
and we might be able to touch upon that

202
00:09:03,450 --> 00:09:01,150
later but effectively Gnosticism has

203
00:09:06,960 --> 00:09:03,460
great truths within it and it has been

204
00:09:08,970 --> 00:09:06,970
abused and has been warped over the

205
00:09:11,579 --> 00:09:08,980
centuries but the message is still

206
00:09:14,430 --> 00:09:11,589
correct that we are trapped in meat

207
00:09:17,310 --> 00:09:14,440
machines and we are existing within meat

208
00:09:19,470 --> 00:09:17,320
machines that we presume are ourselves

209
00:09:21,900 --> 00:09:19,480
but a very quick thinking of grammar

210
00:09:24,000 --> 00:09:21,910
here makes you realize that the illusion

211
00:09:26,190 --> 00:09:24,010
is not as strong as we're led to believe

212
00:09:31,890 --> 00:09:26,200
because you turn around and you say my

213
00:09:34,890 --> 00:09:31,900

leg my arm my face my brain my ears you

214

00:09:37,140 --> 00:09:34,900

never ever say me in reference to these

215

00:09:40,470 --> 00:09:37,150

things these are things that are

216

00:09:42,090 --> 00:09:40,480

side of yourself that you perceive now

217

00:09:44,370 --> 00:09:42,100

there's a guy called Harding many years

218

00:09:45,720 --> 00:09:44,380

ago who wrote an amazing book on I think

219

00:09:48,270 --> 00:09:45,730

it was titled something like I'm

220

00:09:50,430 --> 00:09:48,280

realizing he didn't have a head and he

221

00:09:51,540 --> 00:09:50,440

was sitting on a mountaintop Douglas

222

00:09:54,180 --> 00:09:51,550

Harding and he was sitting on a

223

00:09:55,740 --> 00:09:54,190

mountaintop and he he looked at his body

224

00:09:58,680 --> 00:09:55,750

and for a second he had one of those

225

00:10:02,700 --> 00:09:58,690

amazing moments of clarity where he

226

00:10:04,080 --> 00:10:02,710

realized that he was a headless body as

227

00:10:06,270 --> 00:10:04,090

far as his own perceptions were

228

00:10:09,810 --> 00:10:06,280

concerned there was this body underneath

229

00:10:12,980 --> 00:10:09,820

him but he couldn't see his own head and

230

00:10:16,740 --> 00:10:12,990

from then he realized that his head is

231

00:10:19,170 --> 00:10:16,750

attuning to a much wider reality than

232

00:10:21,840 --> 00:10:19,180

the reality that we normally see your

233

00:10:23,760 --> 00:10:21,850

brain your consciousness interfaces with

234

00:10:26,490 --> 00:10:23,770

two realities interfaces with the

235

00:10:28,590 --> 00:10:26,500

external reality the phenomenal world

236

00:10:30,660 --> 00:10:28,600

that's presented to your consciousness

237

00:10:33,210 --> 00:10:30,670

but then there is the other reality the

238

00:10:34,950 --> 00:10:33,220

inner reality the inner reality of

239

00:10:37,260 --> 00:10:34,960

emotions the inner reality of Dreams

240

00:10:39,090 --> 00:10:37,270

about the body experiences and this is

241

00:10:41,610 --> 00:10:39,100

what I try to approach in my writing and

242

00:10:42,930 --> 00:10:41,620

this is that the majors theme of my

243

00:10:45,900 --> 00:10:42,940

latest book opening the doors of

244

00:10:48,090 --> 00:10:45,910

perception mm-hmm well said man and yeah

245

00:10:49,920 --> 00:10:48,100

that Gnostic worldview is probably my

246

00:10:52,710 --> 00:10:49,930

favorite perspective of the ones that

247

00:10:53,850 --> 00:10:52,720

are offered up and on the subject of

248

00:10:55,440 --> 00:10:53,860

those consciousness studies you

249

00:10:57,450 --> 00:10:55,450

mentioned there are a lot of people in

250

00:11:00,180 --> 00:10:57,460

this alternative realm that talk about

251
00:11:01,740 --> 00:11:00,190
the examination of out-of-body or near

252
00:11:04,020 --> 00:11:01,750
death experiences they study

253
00:11:08,220 --> 00:11:04,030
psychedelics and entheogen use but I

254
00:11:10,860 --> 00:11:08,230
don't see a lot of people trying to tie

255
00:11:12,420 --> 00:11:10,870
in conditions like migraines epilepsy

256
00:11:14,610 --> 00:11:12,430
and schizophrenia just to name a couple

257
00:11:16,440 --> 00:11:14,620
that's a big part of your latest book

258
00:11:18,330 --> 00:11:16,450
probably one of my favorite parts how is

259
00:11:21,360 --> 00:11:18,340
this component helped in you

260
00:11:23,280 --> 00:11:21,370
understanding the big picture totally I

261
00:11:26,310 --> 00:11:23,290
mean one of the the issues that I've had

262
00:11:29,570 --> 00:11:26,320
for a long long time is silo thinking

263
00:11:32,340 --> 00:11:29,580

and the way in which out there there are

264

00:11:34,980 --> 00:11:32,350

experts and and it's that by the very

265

00:11:37,560 --> 00:11:34,990

nature of academic study the what you do

266

00:11:39,570 --> 00:11:37,570

is you study into smaller and smaller

267

00:11:41,490 --> 00:11:39,580

areas of knowledge so therefore you

268

00:11:44,280 --> 00:11:41,500

become the world's leading expert on I

269

00:11:47,040 --> 00:11:44,290

don't know the the knee function of the

270

00:11:49,050 --> 00:11:47,050

lesser spotted antelope or something

271

00:11:50,650 --> 00:11:49,060

near here and effectively you become the

272

00:11:52,449 --> 00:11:50,660

world's expert in that but what you

273

00:11:54,819 --> 00:11:52,459

don'tdo is because you've specialized to

274

00:11:57,150 --> 00:11:54,829

such an extent you don't have the

275

00:11:59,920 --> 00:11:57,160

cross-fertilization of ideas from other

276

00:12:02,619 --> 00:11:59,930

worldviews and other areas of research

277

00:12:06,550 --> 00:12:02,629

now you can expand that out to say that

278

00:12:08,410 --> 00:12:06,560

you could end up studying psychology but

279

00:12:10,059 --> 00:12:08,420

effectively studying psychology you also

280

00:12:13,240 --> 00:12:10,069

need an understanding of neurology and

281

00:12:16,240 --> 00:12:13,250

of neuro chemistry and what is happening

282

00:12:20,470 --> 00:12:16,250

is that there are very few people out

283

00:12:22,269 --> 00:12:20,480

there that are joining the dots not

284

00:12:23,980 --> 00:12:22,279

because they're not deliberately doing

285

00:12:27,069 --> 00:12:23,990

so you know I'm not one of these people

286

00:12:30,009 --> 00:12:27,079

that believe that science is somehow in

287

00:12:30,790 --> 00:12:30,019

denial of of altered states of

288

00:12:33,610 --> 00:12:30,800

consciousness

289

00:12:38,619 --> 00:12:33,620

it's just that scientists run down a

290

00:12:40,420 --> 00:12:38,629

certain path and they effectively from I

291

00:12:42,759 --> 00:12:40,430

know from when I was at university in

292

00:12:44,139 --> 00:12:42,769

the 1970s there was the overlay because

293

00:12:46,960 --> 00:12:44,149

I'm a social scientist and I'm a

294

00:12:48,999 --> 00:12:46,970

sociologist and there were areas of

295

00:12:50,740 --> 00:12:49,009

what's called positivism and the idea

296

00:12:52,809 --> 00:12:50,750

that the only thing that really exists

297

00:12:57,480 --> 00:12:52,819

is physical reality and the only thing

298

00:13:00,370 --> 00:12:57,490

that is is the physical material world

299

00:13:02,379 --> 00:13:00,380

whereas there are other people who argue

300

00:13:06,340 --> 00:13:02,389

the material world is just but one

301
00:13:09,090 --> 00:13:06,350
aspect of a far broader worldview but as

302
00:13:13,720 --> 00:13:09,100
long as you are denied academic tenure

303
00:13:16,569 --> 00:13:13,730
by pursuing areas of ideas that

304
00:13:19,509 --> 00:13:16,579
consciousness itself should be studied

305
00:13:21,370 --> 00:13:19,519
in greater detail the very fact that you

306
00:13:23,199 --> 00:13:21,380
start to be interested in the further

307
00:13:25,329 --> 00:13:23,209
reaches of consciousness tends to cause

308
00:13:26,740 --> 00:13:25,339
you problems in academia and I know this

309
00:13:28,929 --> 00:13:26,750
because there are an associates and

310
00:13:30,999 --> 00:13:28,939
friends of mine who are academics and

311
00:13:32,860 --> 00:13:31,009
work in academia and whenever I meet

312
00:13:34,600 --> 00:13:32,870
them for a drink or whatever we talk on

313
00:13:35,980 --> 00:13:34,610

skype and everything else they will

314

00:13:37,299 --> 00:13:35,990

always turn round to me and say about

315

00:13:39,280 --> 00:13:37,309

extraordinary experiences they've had

316

00:13:41,679 --> 00:13:39,290

they've have out of the body experiences

317

00:13:45,210 --> 00:13:41,689

they've had near-death experiences they

318

00:13:47,650 --> 00:13:45,220

have perceived aliens they've seen UFOs

319

00:13:49,840 --> 00:13:47,660

but all these individuals will always

320

00:13:53,439 --> 00:13:49,850

say I can never ever discuss these

321

00:13:56,410 --> 00:13:53,449

things with my fellow academics purely

322

00:13:59,390 --> 00:13:56,420

and simply because if I do so that will

323

00:14:00,950 --> 00:13:59,400

compromise my credibility

324

00:14:03,440 --> 00:14:00,960

the dish issue is that they're all

325

00:14:06,560 --> 00:14:03,450

thinking this that all of them are stuck

326

00:14:09,830 --> 00:14:06,570

in this materialist paradigm whereby you

327

00:14:12,710 --> 00:14:09,840

have to deny the inner life there is a

328

00:14:15,320 --> 00:14:12,720

form of psychology at the moment known

329

00:14:18,980 --> 00:14:15,330

as eliminative materialism and

330

00:14:21,320 --> 00:14:18,990

eliminative materialism is the mainstay

331

00:14:24,710 --> 00:14:21,330

of most psychology and both nude most

332

00:14:28,490 --> 00:14:24,720

neurology and effectively that is we do

333

00:14:30,680 --> 00:14:28,500

not have an inner life we do not we are

334

00:14:33,320 --> 00:14:30,690

fooling ourselves into thinking we are

335

00:14:36,350 --> 00:14:33,330

self referential conscious beings now

336

00:14:38,780 --> 00:14:36,360

believe it or not that is the status quo

337

00:14:41,360 --> 00:14:38,790

and that is the approach that most

338

00:14:43,700 --> 00:14:41,370

research scientists in neurology and

339

00:14:46,250 --> 00:14:43,710

social sciences and the science of

340

00:14:48,380 --> 00:14:46,260

consciousness studies take we are

341

00:14:51,320 --> 00:14:48,390

fooling ourselves into thinking we are

342

00:14:54,770 --> 00:14:51,330

even conscious now just a moment's

343

00:14:59,270 --> 00:14:54,780

reflection shows how incredibly stupid

344

00:15:02,180 --> 00:14:59,280

that is because if I am being fooled

345

00:15:07,010 --> 00:15:02,190

into thinking I am conscious by my brain

346

00:15:09,410 --> 00:15:07,020

I have to be a were to be fooled in

347

00:15:11,570 --> 00:15:09,420

other words I can't fool a rock into

348

00:15:13,940 --> 00:15:11,580

thinking it's an elephant because a rock

349

00:15:16,640 --> 00:15:13,950

is not conscious in other words you have

350

00:15:18,320 --> 00:15:16,650

to be conscious to be fooled and they

351
00:15:20,600 --> 00:15:18,330
don't seem to join those dots that the

352
00:15:22,340 --> 00:15:20,610
Daniel Dennett's of this world the the

353
00:15:25,160 --> 00:15:22,350
Patricia Church ends of this world are

354
00:15:27,080 --> 00:15:25,170
in complete and utter denial and every

355
00:15:29,030 --> 00:15:27,090
single sentient consciousness on this

356
00:15:30,890 --> 00:15:29,040
planet the three billion sentient

357
00:15:33,650 --> 00:15:30,900
consciousness is on this planet know

358
00:15:35,600 --> 00:15:33,660
that that's utter crap but we still

359
00:15:38,000 --> 00:15:35,610
believe in it and it's because it's

360
00:15:41,360 --> 00:15:38,010
scientism it is not science

361
00:15:43,460 --> 00:15:41,370
it is a referred belief that we all have

362
00:15:44,540 --> 00:15:43,470
to nod like nodding dogs to agree that

363
00:15:46,820 --> 00:15:44,550

this is correct

364

00:15:50,030 --> 00:15:46,830

we need to break out of that and what

365

00:15:52,370 --> 00:15:50,040

I'm trying to do is in my work I discuss

366

00:15:55,190 --> 00:15:52,380

everything from neuro chemistry to

367

00:15:58,310 --> 00:15:55,200

neurology to Gnosticism to quantum

368

00:16:01,250 --> 00:15:58,320

physics to the latest research in terms

369

00:16:04,370 --> 00:16:01,260

of consciousness studies and I really

370

00:16:05,600 --> 00:16:04,380

genuinely do do my research if you go

371

00:16:07,400 --> 00:16:05,610

out on the web you'll find that there

372

00:16:09,410 --> 00:16:07,410

are people who will criticize me there's

373

00:16:10,780 --> 00:16:09,420

no there's a site called rational wiki I

374

00:16:12,910 --> 00:16:10,790

think

375

00:16:14,230 --> 00:16:12,920

and if you do a search on Anthony peek

376

00:16:16,660 --> 00:16:14,240

it'll be the second or third one that

377

00:16:19,180 --> 00:16:16,670

will come up you read that article on me

378

00:16:21,400 --> 00:16:19,190

it's an ad hominem attack there is

379

00:16:23,980 --> 00:16:21,410

nowhere in that article it criticizes

380

00:16:26,410 --> 00:16:23,990

even vaguely my understanding of quantum

381

00:16:28,360 --> 00:16:26,420

physics my understanding of Neurology my

382

00:16:30,100 --> 00:16:28,370

understanding of the neuro chemistry the

383

00:16:31,570 --> 00:16:30,110

reason it doesn't is that my

384

00:16:34,300 --> 00:16:31,580

understanding of these subjects are

385

00:16:36,790 --> 00:16:34,310

pretty damn watertight hmm so in other

386

00:16:39,760 --> 00:16:36,800

words if you read my books you will find

387

00:16:42,850 --> 00:16:39,770

that every single reference I make and I

388

00:16:45,160 --> 00:16:42,860

mean every single reference will have a

389

00:16:48,430 --> 00:16:45,170

reference number and that will refer you

390

00:16:50,230 --> 00:16:48,440

at the back to an academic article or an

391

00:16:53,770 --> 00:16:50,240

article written in a scientific magazine

392

00:16:56,980 --> 00:16:53,780

and it will give you the opportunity to

393

00:16:59,740 --> 00:16:56,990

read back to the peer-reviewed analysis

394

00:17:02,290 --> 00:16:59,750

that's being done I believe I'm probably

395

00:17:04,720 --> 00:17:02,300

the only writer in this field that is

396

00:17:07,770 --> 00:17:04,730

doing that and I scare them shitless

397

00:17:11,200 --> 00:17:07,780

because I scre the hell out of them

398

00:17:13,450 --> 00:17:11,210

because they're a so easy to dismiss

399

00:17:15,160 --> 00:17:13,460

these weirdos who say that the

400

00:17:17,890 --> 00:17:15,170

channeling information from the planet

401
00:17:20,410 --> 00:17:17,900
thug you know that their ascended beings

402
00:17:22,720 --> 00:17:20,420
that they're you know star seeds and all

403
00:17:25,330 --> 00:17:22,730
that nonsense oh I know they're very

404
00:17:27,520 --> 00:17:25,340
easy to to attack and they love

405
00:17:31,960 --> 00:17:27,530
attacking them because they're easy to

406
00:17:33,460 --> 00:17:31,970
attack I'm not and because I'm not I

407
00:17:36,130 --> 00:17:33,470
have been invited on two or three

408
00:17:39,520 --> 00:17:36,140
occasions to address groups of skeptics

409
00:17:42,070 --> 00:17:39,530
on every occasion they back down they

410
00:17:44,290 --> 00:17:42,080
back down they run away and they run

411
00:17:46,870 --> 00:17:44,300
away because they don't have any answers

412
00:17:49,090 --> 00:17:46,880
to the things I'm saying because I am a

413
00:17:50,980 --> 00:17:49,100

skeptic I'm a skeptic by background I

414

00:17:51,640 --> 00:17:50,990

used to be a reader of the skeptical

415

00:17:53,650 --> 00:17:51,650

Inquirer

416

00:17:55,960 --> 00:17:53,660

I read all the skeptical books I know

417

00:17:57,520 --> 00:17:55,970

all the arguments the skeptics use so I

418

00:18:00,550 --> 00:17:57,530

can throw their arguments back at them

419

00:18:03,160 --> 00:18:00,560

mmhmm yeah man your work is definitely

420

00:18:05,080 --> 00:18:03,170

well sourced and pretty ironclad the

421

00:18:07,360 --> 00:18:05,090

gatekeepers of monoculture they're gonna

422

00:18:08,800 --> 00:18:07,370

do what they're gonna do but it seems

423

00:18:10,990 --> 00:18:08,810

like you're definitely passing them up

424

00:18:13,560 --> 00:18:11,000

and something I've been interested in

425

00:18:16,720 --> 00:18:13,570

lately is the similarities between

426
00:18:18,910 --> 00:18:16,730
modern encounters with the greys and old

427
00:18:21,130 --> 00:18:18,920
stories of fairy folk and little people

428
00:18:23,050 --> 00:18:21,140
and I was really psyched to see that

429
00:18:24,610 --> 00:18:23,060
your book brings this up when you talk

430
00:18:26,049 --> 00:18:24,620
about this

431
00:18:28,390 --> 00:18:26,059
girls Bonnie syndrome which was

432
00:18:30,670 --> 00:18:28,400
completely new to me maybe you can talk

433
00:18:33,460 --> 00:18:30,680
to us about that a bit and unfortunately

434
00:18:37,240 --> 00:18:33,470
your mother's experiences with it no

435
00:18:41,170 --> 00:18:37,250
absolutely I I I have been heavily into

436
00:18:43,210 --> 00:18:41,180
ufology since 1966 which is million

437
00:18:45,970 --> 00:18:43,220
years ago way before a lot of the

438
00:18:47,950 --> 00:18:45,980

listeners out there were even born and I

439

00:18:51,670 --> 00:18:47,960

have been studying ufology fall for that

440

00:18:56,049 --> 00:18:51,680

whole period and it is always intrigued

441

00:18:57,370 --> 00:18:56,059

me as to the the cultural aspects and

442

00:18:59,410 --> 00:18:57,380

when I was a university I studied

443

00:19:02,830 --> 00:18:59,420

sociology I study the sociology of

444

00:19:05,230 --> 00:19:02,840

religion the sociology belief so I am

445

00:19:06,460 --> 00:19:05,240

qualified in raised commas to discuss

446

00:19:08,230 --> 00:19:06,470

these things because you know I have

447

00:19:11,680 --> 00:19:08,240

written extensively you know academic

448

00:19:14,440 --> 00:19:11,690

stuff about this kind of material and it

449

00:19:18,910 --> 00:19:14,450

is it is interesting to note that the

450

00:19:21,910 --> 00:19:18,920

idea of other entities and little

451

00:19:24,490 --> 00:19:21,920

creatures and little beings is in every

452

00:19:27,510 --> 00:19:24,500

culture right across the world and it

453

00:19:29,830 --> 00:19:27,520

has been recorded since recorded writing

454

00:19:33,850 --> 00:19:29,840

you know so effectively it goes back an

455

00:19:36,640 --> 00:19:33,860

awful long way now I came across a book

456

00:19:39,460 --> 00:19:36,650

called Project Trojan horse by John keel

457

00:19:43,390 --> 00:19:39,470

that was written I think about 1969 1970

458

00:19:45,340 --> 00:19:43,400

and then followed on by the fantastic

459

00:19:47,230 --> 00:19:45,350

research of a French ufologist called

460

00:19:50,710 --> 00:19:47,240

Jacques Vallee mm-hmm who wrote a book

461

00:19:53,770 --> 00:19:50,720

called passport to Magana now if you

462

00:19:55,480 --> 00:19:53,780

read particularly valley and also a guy

463

00:19:58,240 --> 00:19:55,490

called Brinsley Laporte ranch who's at a

464

00:20:01,060 --> 00:19:58,250

very little-known lord Klang party who

465

00:20:03,160 --> 00:20:01,070

was a Anglo Irish Lord who wrote a book

466

00:20:06,910 --> 00:20:03,170

called the sky people way back in about

467

00:20:09,940 --> 00:20:06,920

1963 which was an amazing book but

468

00:20:12,400 --> 00:20:09,950

effectively what these guys are arguing

469

00:20:15,940 --> 00:20:12,410

and what Valley is arguing is that the

470

00:20:18,310 --> 00:20:15,950

UFO phenomenon is closely tied to our

471

00:20:19,990 --> 00:20:18,320

own psyche we're dealing here with

472

00:20:22,660 --> 00:20:20,000

archetypes we are dealing here with

473

00:20:25,450 --> 00:20:22,670

Jungian archetypes in fact Col Gustav

474

00:20:28,930 --> 00:20:25,460

Jung wrote a book about UFOs and about

475

00:20:31,990 --> 00:20:28,940

the archetypal nature of UFOs and UFO

476

00:20:33,220 --> 00:20:32,000

entities now I'd followed this through

477

00:20:34,750 --> 00:20:33,230

for many years and finally after the

478

00:20:37,390 --> 00:20:34,760

breaking news you may be interested to

479

00:20:37,990 --> 00:20:37,400

know that the new book opening the doors

480

00:20:40,360 --> 00:20:38,000

of perception

481

00:20:43,000 --> 00:20:40,370

my publisher Watkins are so stunned by

482

00:20:45,010 --> 00:20:43,010

this book they've already paid me in

483

00:20:46,240 --> 00:20:45,020

advance to write the sequel well you

484

00:20:47,710 --> 00:20:46,250

know and that's and being my writing

485

00:20:49,600 --> 00:20:47,720

career is unknown you know the book has

486

00:20:51,790 --> 00:20:49,610

only just come out and before the book

487

00:20:53,650 --> 00:20:51,800

came out they'd already said we want you

488

00:20:55,960 --> 00:20:53,660

to write a sequel on this book and the

489

00:20:57,970 --> 00:20:55,970

sequel will be through the doors of

490

00:21:01,300 --> 00:20:57,980

perception so it will be dealing with

491

00:21:03,880 --> 00:21:01,310

these issues but going back to the idea

492

00:21:07,090 --> 00:21:03,890

that they are archetypes in some way the

493

00:21:10,930 --> 00:21:07,100

story gets very very strange because it

494

00:21:13,810 --> 00:21:10,940

involves my own mother and around about

495

00:21:16,090 --> 00:21:13,820

four or five years ago now the

496

00:21:18,280 --> 00:21:16,100

background story is my mother lost her

497

00:21:21,460 --> 00:21:18,290

eye with malignant melanoma in her

498

00:21:24,820 --> 00:21:21,470

mid-50s and she started developing

499

00:21:28,000 --> 00:21:24,830

glaucoma in her good eye so effectively

500

00:21:30,760 --> 00:21:28,010

she's partially sighted and she's a

501
00:21:32,440 --> 00:21:30,770
widow lives on her own or do used to

502
00:21:34,690 --> 00:21:32,450
live on her own in a house of a little

503
00:21:36,670 --> 00:21:34,700
place called prana pool village which is

504
00:21:40,270 --> 00:21:36,680
on the world Peninsula near Liverpool

505
00:21:42,220 --> 00:21:40,280
and she was traveling home to the

506
00:21:45,010 --> 00:21:42,230
village walking onto the village with my

507
00:21:48,760 --> 00:21:45,020
aunt my father's mother my father saw my

508
00:21:52,120 --> 00:21:48,770
father's sister and my aunt stopped to

509
00:21:53,770 --> 00:21:52,130
tie her shoelace and my mother this

510
00:21:55,390 --> 00:21:53,780
incident my mother phoned me up this

511
00:21:58,810 --> 00:21:55,400
evening because she was so disturbed by

512
00:22:00,550 --> 00:21:58,820
it she as my aunty stopped my mother

513
00:22:03,520 --> 00:22:00,560

looked over my aunty's head and saw in

514

00:22:07,720 --> 00:22:03,530

the sky what she described as being a

515

00:22:09,700 --> 00:22:07,730

cloud of smoke circling around itself

516

00:22:12,160 --> 00:22:09,710

and I just noticed smoke a little smoke

517

00:22:13,960 --> 00:22:12,170

which the higher side shots think as I

518

00:22:17,470 --> 00:22:13,970

said smoked I thought the synchronicity

519

00:22:19,540 --> 00:22:17,480

there I think yeah and as the-- she said

520

00:22:22,300 --> 00:22:19,550

it started to swirl round itself and

521

00:22:24,670 --> 00:22:22,310

turn into a disc shape and then suddenly

522

00:22:25,120 --> 00:22:24,680

shot off at high speed towards North

523

00:22:28,660 --> 00:22:25,130

Wales

524

00:22:30,940 --> 00:22:28,670

so effectively to her left hand side as

525

00:22:33,100 --> 00:22:30,950

she was looking at it she phoned me up

526

00:22:34,210 --> 00:22:33,110

and she says I'm not sure what I saw

527

00:22:36,880 --> 00:22:34,220

there now my mother doesn't know

528

00:22:39,490 --> 00:22:36,890

anything about UFO she has never been in

529

00:22:41,230 --> 00:22:39,500

shown any interest in my UFO books or

530

00:22:43,090 --> 00:22:41,240

anything so I genuinely know this is

531

00:22:44,090 --> 00:22:43,100

just not something in her worldview at

532

00:22:46,700 --> 00:22:44,100

all

533

00:22:48,140 --> 00:22:46,710

she describes this and I said mom you

534

00:22:50,870 --> 00:22:48,150

probably it was just your I sign you

535

00:22:52,760 --> 00:22:50,880

probably saw something peculiar I leave

536

00:22:55,400 --> 00:22:52,770

it at that and about two or three days

537

00:22:58,730 --> 00:22:55,410

later she phones me up one morning and

538

00:23:01,700 --> 00:22:58,740

she's in absolute hysterics she lives on

539

00:23:03,200 --> 00:23:01,710

her own my aunts have gone back and she

540

00:23:04,580 --> 00:23:03,210

woke up in the middle of the shoot to

541

00:23:06,650 --> 00:23:04,590

describe that she woke up in the middle

542

00:23:09,740 --> 00:23:06,660

of the night and she swore blind that

543

00:23:12,650 --> 00:23:09,750

she had closed her bedroom door she woke

544

00:23:13,280 --> 00:23:12,660

up and she was in a state of sleep

545

00:23:16,400 --> 00:23:13,290

paralysis

546

00:23:17,960 --> 00:23:16,410

you know REM intrusion whereby you know

547

00:23:20,390 --> 00:23:17,970

you're asleep but you're awake at the

548

00:23:22,610 --> 00:23:20,400

same time and because your body when you

549

00:23:23,900 --> 00:23:22,620

are in these states paralyzes yourself

550

00:23:25,940 --> 00:23:23,910

to actually stop yourself damaging

551
00:23:30,770 --> 00:23:25,950
yourself it's a phenomena known as REM

552
00:23:32,620 --> 00:23:30,780
intrusion when the dreams overlay the

553
00:23:35,720 --> 00:23:32,630
reality that you're perceiving outside

554
00:23:37,970 --> 00:23:35,730
and she said she was looking towards the

555
00:23:40,550 --> 00:23:37,980
door of the bedroom and the door was

556
00:23:42,020 --> 00:23:40,560
partially open and she thought to

557
00:23:45,650 --> 00:23:42,030
herself why is the door open

558
00:23:47,780 --> 00:23:45,660
and as she did that she noticed two or

559
00:23:51,680 --> 00:23:47,790
three spindly fingers come round the

560
00:23:53,960 --> 00:23:51,690
door and then this tiny head poked its

561
00:23:55,700 --> 00:23:53,970
head round and she described the head as

562
00:23:58,370 --> 00:23:55,710
being the creature must have been about

563
00:24:01,070 --> 00:23:58,380

three foot tall she said it had a

564

00:24:03,980 --> 00:24:01,080

completely bald head it had huge black

565

00:24:07,280 --> 00:24:03,990

eyes it had two holes for nostrils on a

566

00:24:09,920 --> 00:24:07,290

slit for a mouth it looked at her and

567

00:24:14,060 --> 00:24:09,930

realized she was looking at it and

568

00:24:16,190 --> 00:24:14,070

dodged its head back my mother then

569

00:24:19,160 --> 00:24:16,200

spent the rest of the night terrified

570

00:24:22,250 --> 00:24:19,170

before she eventually I guess went into

571

00:24:23,960 --> 00:24:22,260

full REM sleep she phones you up the

572

00:24:27,320 --> 00:24:23,970

next day and I'm listening to this and

573

00:24:29,900 --> 00:24:27,330

I'm going my god yeah this is intriguing

574

00:24:31,280 --> 00:24:29,910

because as you know the foreword for my

575

00:24:31,670 --> 00:24:31,290

new book is written by wouldn't Whitley

576

00:24:36,320 --> 00:24:31,680

Strieber

577

00:24:38,510 --> 00:24:36,330

guy that put the greys on the map with

578

00:24:40,250 --> 00:24:38,520

his book communion rail because if you

579

00:24:44,090 --> 00:24:40,260

look at the cover of the book communion

580

00:24:45,890 --> 00:24:44,100

it's the classic gray now my mother the

581

00:24:48,350 --> 00:24:45,900

only the only science fiction film I

582

00:24:52,280 --> 00:24:48,360

think my mother has ever watched was ET

583

00:24:55,460 --> 00:24:52,290

now york aditi ET is not a gray in any

584

00:24:57,090 --> 00:24:55,470

shape or form that's the only linkage i

585

00:25:00,060 --> 00:24:57,100

think she could make but she would

586

00:25:01,799 --> 00:25:00,070

of me she was in her mid 80s then

587

00:25:03,840 --> 00:25:01,809

there's no way she would make any kind

588

00:25:06,330 --> 00:25:03,850

of association with the object she had

589

00:25:09,779 --> 00:25:06,340

seen three or four days before with this

590

00:25:12,779 --> 00:25:09,789

other being that was in her room anyway

591

00:25:15,090 --> 00:25:12,789

I called around to see her regularly but

592

00:25:16,620 --> 00:25:15,100

it was a few weeks later after I'd

593

00:25:20,190 --> 00:25:16,630

calmed her down over this thing and

594

00:25:22,320 --> 00:25:20,200

we're talking and she goes I wish the

595

00:25:24,180 --> 00:25:22,330

children would stop singing they really

596

00:25:25,710 --> 00:25:24,190

bother me and I said which children are

597

00:25:27,240 --> 00:25:25,720

these mum and she said oh the children

598

00:25:30,570 --> 00:25:27,250

that follow me round when I'm shopping

599

00:25:32,310 --> 00:25:30,580

Wow and I said well what happens and she

600

00:25:35,039 --> 00:25:32,320

said there are little little creatures

601
00:25:37,080 --> 00:25:35,049
like little children and they sing in

602
00:25:39,029 --> 00:25:37,090
this really kind of weird way they got

603
00:25:42,630 --> 00:25:39,039
these really high-pitched sound voices

604
00:25:45,779 --> 00:25:42,640
and I said mom where do you see them she

605
00:25:47,310 --> 00:25:45,789
said I see them when I'm shopping and I

606
00:25:49,740 --> 00:25:47,320
see them in the house they're in the

607
00:25:51,570 --> 00:25:49,750
house and I said what these creatures

608
00:25:53,220 --> 00:25:51,580
are in your living room she said oh yes

609
00:25:54,720 --> 00:25:53,230
yes they're not threatening they're very

610
00:25:57,570 --> 00:25:54,730
very friendly and they chatted to each

611
00:25:59,880 --> 00:25:57,580
other and they they giggle a lot and

612
00:26:02,610 --> 00:25:59,890
then she said and they're like the man I

613
00:26:04,260 --> 00:26:02,620

see in the kitchen and I said Bachmann's

614

00:26:06,360 --> 00:26:04,270

this moment she said oh there's a tall

615

00:26:08,279 --> 00:26:06,370

elderly man I see in the kitchen he

616

00:26:11,159 --> 00:26:08,289

never speaks but he nods at me and he

617

00:26:13,020 --> 00:26:11,169

smiles a lot so he's a nice man and I'm

618

00:26:14,970 --> 00:26:13,030

thinking does she let people into the

619

00:26:18,570 --> 00:26:14,980

house does she let local children into

620

00:26:20,430 --> 00:26:18,580

the house clearly she wasn't Bell

621

00:26:22,740 --> 00:26:20,440

started to ring in my head and because

622

00:26:25,980 --> 00:26:22,750

I've been involved in this kind of work

623

00:26:29,970 --> 00:26:25,990

for many many years I started thinking

624

00:26:33,120 --> 00:26:29,980

there is something here happening and I

625

00:26:35,100 --> 00:26:33,130

thought it's Charles Bond a syndrome now

626
00:26:36,840 --> 00:26:35,110
Charles bonnet syndrome was discovered

627
00:26:38,490 --> 00:26:36,850
curiously enough by a guy called Charles

628
00:26:41,100 --> 00:26:38,500
bonnet it's fascinating isn't it how

629
00:26:42,510 --> 00:26:41,110
these people have discovered things that

630
00:26:44,460 --> 00:26:42,520
subsequently you discover of the same

631
00:26:46,049 --> 00:26:44,470
name as them you know it's like

632
00:26:47,549 --> 00:26:46,059
Einstein's theory of relativity

633
00:26:49,610 --> 00:26:47,559
how did high Stein discover Einstein's

634
00:26:54,539 --> 00:26:49,620
theory of relativity I'm being facetious

635
00:26:58,289 --> 00:26:54,549
but Charles Bonney was a wrench doctor

636
00:26:59,850 --> 00:26:58,299
in I think around about the 1780s 1790s

637
00:27:01,380 --> 00:26:59,860
I can stand corrected on that because

638
00:27:05,360 --> 00:27:01,390

I'm not sure but it was about that

639

00:27:07,320 --> 00:27:05,370

period and his father or his grandfather

640

00:27:09,149 --> 00:27:07,330

started to claim that he was

641

00:27:10,320 --> 00:27:09,159

hallucinating little creatures and

642

00:27:12,570 --> 00:27:10,330

little people

643

00:27:15,389 --> 00:27:12,580

and Bonnie started to look into this and

644

00:27:19,200 --> 00:27:15,399

discovered that it was part and parcel

645

00:27:21,240 --> 00:27:19,210

of growing older and the older somebody

646

00:27:23,360 --> 00:27:21,250

got and if they were likely if they were

647

00:27:26,880 --> 00:27:23,370

partially sighted or losing their sight

648

00:27:30,750 --> 00:27:26,890

they started to see little creatures

649

00:27:33,269 --> 00:27:30,760

everywhere now I then thought well this

650

00:27:35,490 --> 00:27:33,279

sounds like what's happening to my

651
00:27:37,950 --> 00:27:35,500
mother so I started to read up on the

652
00:27:39,779 --> 00:27:37,960
subject and to my little surprise

653
00:27:42,810 --> 00:27:39,789
because I was expecting this I

654
00:27:46,789 --> 00:27:42,820
discovered that shows Bonnie syndrome is

655
00:27:51,180 --> 00:27:46,799
a prodrome it is a a precursor for

656
00:27:53,399 --> 00:27:51,190
Alzheimer's and my mother's behavior was

657
00:27:55,649 --> 00:27:53,409
be getting more and more erratic and her

658
00:27:57,330 --> 00:27:55,659
memory was going and everything else so

659
00:27:59,039 --> 00:27:57,340
I came to the conclusion that she was

660
00:28:01,860 --> 00:27:59,049
developing Alzheimer's but of course I'm

661
00:28:03,870 --> 00:28:01,870
a layperson and you know I needed to get

662
00:28:06,480 --> 00:28:03,880
the assurance on this so I took her to

663
00:28:09,120 --> 00:28:06,490

her doctor and her doctor had never

664

00:28:11,100 --> 00:28:09,130

heard of Charles bonnet syndrome why

665

00:28:12,720 --> 00:28:11,110

should they know why should they know

666

00:28:14,909 --> 00:28:12,730

and to be reasonable why should they

667

00:28:16,320 --> 00:28:14,919

know but with an aging population you

668

00:28:17,759 --> 00:28:16,330

would think that more and more doctors

669

00:28:20,129 --> 00:28:17,769

should be aware of this psychological

670

00:28:22,889 --> 00:28:20,139

state because it is a way of early

671

00:28:24,330 --> 00:28:22,899

diagnosing Alzheimer's because we

672

00:28:29,190 --> 00:28:24,340

subsequently discovered that she did

673

00:28:30,779 --> 00:28:29,200

have low e sell-out songs and she was

674

00:28:32,879 --> 00:28:30,789

diagnosed with the Alzheimer's and it

675

00:28:35,639 --> 00:28:32,889

became progressively worse and she's now

676

00:28:38,610 --> 00:28:35,649

literally catatonic now the curious

677

00:28:40,320 --> 00:28:38,620

thing about this is that my research

678

00:28:41,519 --> 00:28:40,330

into Charles bonnet syndrome and there's

679

00:28:44,039 --> 00:28:41,529

a whole chapter on Charles bonnet

680

00:28:46,830 --> 00:28:44,049

syndrome in the new book is that Charles

681

00:28:50,879 --> 00:28:46,840

bonnet syndrome is also experienced by

682

00:28:53,549 --> 00:28:50,889

young children and it is also known as

683

00:28:55,049 --> 00:28:53,559

the mythical friends you know the way

684

00:28:58,460 --> 00:28:55,059

children there's a monster under the bed

685

00:29:03,419 --> 00:28:58,470

or they see fairies or they see entities

686

00:29:06,899 --> 00:29:03,429

this is the same thing so young children

687

00:29:10,350 --> 00:29:06,909

have it and elderly people have it now

688

00:29:15,810 --> 00:29:10,360

what is this telling us about the way in

689

00:29:19,250 --> 00:29:15,820

which we develop as we get older and I

690

00:29:22,019 --> 00:29:19,260

then started to read up and I found that

691

00:29:25,620 --> 00:29:22,029

Charles bonnet syndrome is also

692

00:29:27,960 --> 00:29:25,630

experienced by individuals who suffer

693

00:29:30,899 --> 00:29:27,970

from classic migraine now I'm a classic

694

00:29:32,850 --> 00:29:30,909

migraine ER I've never ever seen little

695

00:29:34,440 --> 00:29:32,860

entities but I have the the the aura

696

00:29:36,690 --> 00:29:34,450

state and I have it in which we can

697

00:29:40,320 --> 00:29:36,700

touch upon later but I discovered that

698

00:29:43,379 --> 00:29:40,330

there are writers and individuals who

699

00:29:47,669 --> 00:29:43,389

into their 20s and 30s seem to carry

700

00:29:52,220 --> 00:29:47,679

forward the seeing of mythical friends

701

00:29:54,870 --> 00:29:52,230

or imaginary friends into their

702

00:29:57,779 --> 00:29:54,880

post-pubescent period because of course

703

00:30:00,629 --> 00:29:57,789

most children lose this usually at eight

704

00:30:02,760 --> 00:30:00,639

or nine but definitely by the time they

705

00:30:04,500 --> 00:30:02,770

get into pubescence they stop and I

706

00:30:06,629 --> 00:30:04,510

think I know the reason why this happens

707

00:30:10,470 --> 00:30:06,639

which we'll touch upon later and it's to

708

00:30:13,139 --> 00:30:10,480

do in passing with the corpus callosum

709

00:30:15,360 --> 00:30:13,149

in the brain which is the thick body of

710

00:30:18,060 --> 00:30:15,370

fiber that holds the left and right

711

00:30:20,519 --> 00:30:18,070

hemispheres together the neurons in that

712

00:30:23,490 --> 00:30:20,529

area up into the Dages of six or seven

713

00:30:27,210 --> 00:30:23,500

don't have myelination the myelination

714

00:30:29,730 --> 00:30:27,220

is actually insulation of the neurons in

715

00:30:31,320 --> 00:30:29,740

the brain which effectively means that

716

00:30:34,519 --> 00:30:31,330

the right and left hemispheres of the

717

00:30:36,810 --> 00:30:34,529

brains of children do not communicate

718

00:30:39,659 --> 00:30:36,820

which effectively means they are

719

00:30:41,430 --> 00:30:39,669

bicameral which means that they either

720

00:30:44,639 --> 00:30:41,440

exist in their dominant or non-dominant

721

00:30:46,049 --> 00:30:44,649

hemispheres which opens up for I argue

722

00:30:48,600 --> 00:30:46,059

for the doors of perception which we'll

723

00:30:51,889 --> 00:30:48,610

touch upon later but with people with

724

00:30:54,450 --> 00:30:51,899

classic migraine you find that they see

725

00:30:56,970 --> 00:30:54,460

many of them do they see little children

726

00:31:01,470 --> 00:30:56,980

and the sir an American writer called

727

00:31:03,539 --> 00:31:01,480

Siri haasvelt and she still experiences

728

00:31:06,869 --> 00:31:03,549

Charles bonnet syndrome and she's now in

729

00:31:10,830 --> 00:31:06,879

her 40s and she describes in her books

730

00:31:14,070 --> 00:31:10,840

what she sees and one incident she

731

00:31:17,669 --> 00:31:14,080

describes his is uncanny she was sitting

732

00:31:22,049 --> 00:31:17,679

on her bed and suddenly through the door

733

00:31:24,780 --> 00:31:22,059

of her bedroom was a little farmer about

734

00:31:28,200 --> 00:31:24,790

8 inches tall with a little

735

00:31:30,780 --> 00:31:28,210

how and he's pulling the cow and the cow

736

00:31:32,760 --> 00:31:30,790

is responding and pulling back at him so

737

00:31:35,010 --> 00:31:32,770

he gets a stick out and he beats the cow

738

00:31:37,470 --> 00:31:35,020

and as he does so a little police car

739

00:31:40,350 --> 00:31:37,480

comes around full of little police

740

00:31:42,720 --> 00:31:40,360

officers who get out and arrest him

741

00:31:45,900 --> 00:31:42,730

push him into the police car and drive

742

00:31:48,060 --> 00:31:45,910

out and she's sitting there watching

743

00:31:49,740 --> 00:31:48,070

this and this hallucination for in

744

00:31:52,080 --> 00:31:49,750

raised commas is out there in

745

00:31:55,890 --> 00:31:52,090

three-dimensional reality hmm

746

00:31:57,720 --> 00:31:55,900

now this phenomenon is known and before

747

00:32:00,150 --> 00:31:57,730

people think I'm making this up I

748

00:32:02,970 --> 00:32:00,160

strongly advise you read the book

749

00:32:05,460 --> 00:32:02,980

hallucinations by Oliver Sacks the late

750

00:32:07,080 --> 00:32:05,470

Oliver sex and all of a sex is one of

751

00:32:10,800 --> 00:32:07,090

the most fascinating writers on

752

00:32:12,300 --> 00:32:10,810

extraordinary psychological neurological

753

00:32:14,130 --> 00:32:12,310

experiences that people have he wrote a

754

00:32:15,680 --> 00:32:14,140

famous book called Mike the man who

755

00:32:18,360 --> 00:32:15,690

mistook his wife for a hat

756

00:32:21,840 --> 00:32:18,370

wonderful wonderful title and it

757

00:32:23,550 --> 00:32:21,850

literally was one of his patients was

758

00:32:25,710 --> 00:32:23,560

suffering from a gag knees here and

759

00:32:28,590 --> 00:32:25,720

various other problems and he literally

760

00:32:30,180 --> 00:32:28,600

thought his wife was his hat so he tried

761

00:32:34,950 --> 00:32:30,190

to pick her up and put her on his head

762

00:32:38,220 --> 00:32:34,960

okay and he has a whole chapter in his

763

00:32:41,250 --> 00:32:38,230

book hallucinations on chose Bonnie

764

00:32:43,920 --> 00:32:41,260

syndrome and in this chapter he

765

00:32:46,290 --> 00:32:43,930

discusses in great detail the things I

766

00:32:49,140 --> 00:32:46,300

have discussed in greater detail in my

767

00:32:51,270 --> 00:32:49,150

book about elderly people and the way

768

00:32:54,620 --> 00:32:51,280

Charles Bonnie syndrome seems to stop

769

00:33:01,650 --> 00:32:54,630

developing now I believe this is because

770

00:33:05,550 --> 00:33:01,660

old age and youth it being an infant

771

00:33:07,140 --> 00:33:05,560

directly related and that as an old

772

00:33:07,740 --> 00:33:07,150

person have you ever noticed with old

773

00:33:10,440 --> 00:33:07,750

people

774

00:33:13,170 --> 00:33:10,450

as they get older they become more

775

00:33:16,050 --> 00:33:13,180

childlike mm-hmm they start to look more

776

00:33:19,800 --> 00:33:16,060

like a child my mother I've watched my

777

00:33:22,890 --> 00:33:19,810

mother go in Reverse from being a woman

778

00:33:25,230 --> 00:33:22,900

in her 70s being very fit and active and

779

00:33:28,110 --> 00:33:25,240

very very bright to becoming more like a

780

00:33:31,470 --> 00:33:28,120

child and even more like a child till

781

00:33:34,260 --> 00:33:31,480

now she's virtually a fetus she's curled

782

00:33:36,750 --> 00:33:34,270

up in bed she's tiny she's in a fetal

783

00:33:40,500 --> 00:33:36,760

position she doesn't move she doesn't

784

00:33:43,410 --> 00:33:40,510

communicate just like a baby does mm-hmm

785

00:33:45,690 --> 00:33:43,420

and I believe this is because when you

786

00:33:49,920 --> 00:33:45,700

die you go back to being reborn again

787

00:33:53,040 --> 00:33:49,930

and everything psychologically you are

788

00:33:56,760 --> 00:33:53,050

developing and going back down into

789

00:33:59,100 --> 00:33:56,770

childhood into infancy and then you get

790

00:34:01,770 --> 00:33:59,110

reborn again and start and of course in

791

00:34:04,380 --> 00:34:01,780

my books I've discussed this in in great

792

00:34:05,670 --> 00:34:04,390

detail but what the first book this is

793

00:34:08,760 --> 00:34:05,680

the first book I've done where I've

794

00:34:10,500 --> 00:34:08,770

actually pulled together powerful

795

00:34:14,700 --> 00:34:10,510

powerful information there was a guy

796

00:34:18,270 --> 00:34:14,710

called Barry R iceberg in 1984 again

797

00:34:20,580 --> 00:34:18,280

he's a scientist he's a neurologist he

798

00:34:24,600 --> 00:34:20,590

came up with a hypothesis called retro

799

00:34:27,840 --> 00:34:24,610

Genesis and retro Genesis is exactly

800

00:34:31,050 --> 00:34:27,850

what I have just said it's where the old

801
00:34:33,630 --> 00:34:31,060
person becomes a child they go backwards

802
00:34:36,180 --> 00:34:33,640
in time hmm but of course he wouldn't

803
00:34:39,150 --> 00:34:36,190
argue they start again but I argue they

804
00:34:41,960 --> 00:34:39,160
do I argue that our life is a circle our

805
00:34:45,060 --> 00:34:41,970
life is like well it's like a spiral and

806
00:34:47,280 --> 00:34:45,070
when we die we go back and we're reborn

807
00:34:50,460 --> 00:34:47,290
again and there's more and more evidence

808
00:34:52,590 --> 00:34:50,470
this is powerful evidence from neurology

809
00:34:55,020 --> 00:34:52,600
that this is the case because of course

810
00:34:57,960 --> 00:34:55,030
what happens is when the child starts to

811
00:35:00,180 --> 00:34:57,970
become aware of its world what does it

812
00:35:02,970 --> 00:35:00,190
do it sees the world as an extension of

813
00:35:04,980 --> 00:35:02,980

itself we know this how children's minds

814

00:35:07,140 --> 00:35:04,990

work you know from Piaget and the

815

00:35:08,880 --> 00:35:07,150

developmental people Vygotsky and other

816

00:35:10,920 --> 00:35:08,890

people that looked at the development of

817

00:35:13,560 --> 00:35:10,930

young children all through the centuries

818

00:35:15,250 --> 00:35:13,570

are all through recent years we know

819

00:35:17,140 --> 00:35:15,260

this is how the child develops

820

00:35:21,190 --> 00:35:17,150

hmm and I believe they carry through

821

00:35:22,810 --> 00:35:21,200

their doors of perception as Aldous

822

00:35:25,240 --> 00:35:22,820

Huxley described them when in fact it

823

00:35:28,300 --> 00:35:25,250

wasn't Aldous Huxley it was William

824

00:35:31,720 --> 00:35:28,310

Blake from the cut from the poem from

825

00:35:34,359 --> 00:35:31,730

Songs of Innocence I think it was but

826

00:35:36,670 --> 00:35:34,369

effectively the doors of perception are

827

00:35:39,430 --> 00:35:36,680

open and this is the whole theme of the

828

00:35:42,730 --> 00:35:39,440

book so from my mother's experiences but

829

00:35:46,060 --> 00:35:42,740

I think the important detail here is the

830

00:35:48,910 --> 00:35:46,070

alien encounter the way in which the

831

00:35:51,280 --> 00:35:48,920

alien seemed to be the facilitator and

832

00:35:52,900 --> 00:35:51,290

seemed to be something that was the

833

00:35:54,880 --> 00:35:52,910

start of the opening the doors of

834

00:35:57,099 --> 00:35:54,890

perception and I think this is of

835

00:35:58,570 --> 00:35:57,109

profound significance especially when we

836

00:36:01,170 --> 00:35:58,580

start discussing which hopefully we will

837

00:36:03,880 --> 00:36:01,180

later DMT experiences

838

00:36:07,270 --> 00:36:03,890

mm-hmm-hmm man those are powerful

839

00:36:09,670 --> 00:36:07,280

observations and a really elegant way to

840

00:36:12,099 --> 00:36:09,680

describe old age in the dying process

841

00:36:15,210 --> 00:36:12,109

makes it seem a lot less scary I really

842

00:36:17,500 --> 00:36:15,220

do like that and you know you mentioned

843

00:36:19,359 --> 00:36:17,510

hallucinations and your book talks about

844

00:36:21,940 --> 00:36:19,369

that a lot but it is such a loaded term

845

00:36:24,340 --> 00:36:21,950

and to be clear this isn't to say that

846

00:36:27,370 --> 00:36:24,350

these things people are experiencing are

847

00:36:29,800 --> 00:36:27,380

seen aren't real autonomous or conscious

848

00:36:33,190 --> 00:36:29,810

entities only that they can't be sensed

849

00:36:35,080 --> 00:36:33,200

in brains of neurotypical States which

850

00:36:37,090 --> 00:36:35,090

is a term that I like that I got from

851
00:36:39,490 --> 00:36:37,100
you but I guess it gets really weird

852
00:36:41,230 --> 00:36:39,500
when UFOs leave physical traces or

853
00:36:43,120 --> 00:36:41,240
people are found with implants I mean

854
00:36:45,820 --> 00:36:43,130
how do we rectify some of those physical

855
00:36:46,830 --> 00:36:45,830
traces of what you know the mono culture

856
00:36:49,210 --> 00:36:46,840
would want to say are just

857
00:36:51,010 --> 00:36:49,220
hallucinations well this is where the

858
00:36:53,800 --> 00:36:51,020
problem lies because my mother's

859
00:36:56,080 --> 00:36:53,810
experience of seeing the the UFO over

860
00:36:59,650 --> 00:36:56,090
prices factory on the world was

861
00:37:01,540 --> 00:36:59,660
subsequently vindicated by a facebook

862
00:37:03,670 --> 00:37:01,550
friend of mine called Morgan Hawkins and

863
00:37:05,050 --> 00:37:03,680

again if you want to link up with me

864

00:37:07,060 --> 00:37:05,060

anybody out there wants to link up with

865

00:37:10,030 --> 00:37:07,070

me on space be on Facebook and there's a

866

00:37:11,680 --> 00:37:10,040

Freudian slip effectively do so because

867

00:37:13,359 --> 00:37:11,690

I'm very very active on there and I have

868

00:37:14,950 --> 00:37:13,369

you know thousands and thousands of

869

00:37:17,410 --> 00:37:14,960

people involved in my work across the

870

00:37:20,859 --> 00:37:17,420

world who contact me but Morrigan is

871

00:37:22,810 --> 00:37:20,869

somebody who lives on the world and she

872

00:37:24,160 --> 00:37:22,820

contacted me because we have a mutual

873

00:37:27,550 --> 00:37:24,170

friend a friend of mine Richard Fleming

874

00:37:29,220 --> 00:37:27,560

and she is a friend of his and she said

875

00:37:31,470 --> 00:37:29,230

I saw you put up on Facebook

876

00:37:35,340 --> 00:37:31,480

your mother's experience and she said

877

00:37:37,800 --> 00:37:35,350

I'm 95% certain I saw that object at

878

00:37:39,150 --> 00:37:37,810

that time and she was crossing something

879

00:37:42,090 --> 00:37:39,160

called a white bridge which is on the a

880

00:37:43,859 --> 00:37:42,100

41 highway on the world and she was

881

00:37:45,660 --> 00:37:43,869

looking towards the very same factory

882

00:37:48,030 --> 00:37:45,670

that my mother saw her experience and

883

00:37:49,740 --> 00:37:48,040

she saw exactly the same object and it

884

00:37:51,300 --> 00:37:49,750

flew in exactly the same direction and

885

00:37:52,950 --> 00:37:51,310

Morrigan described to me that she was in

886

00:37:56,340 --> 00:37:52,960

a taxi with a friend of hers and the

887

00:37:59,150 --> 00:37:56,350

taxi driver and they all saw it so here

888

00:38:02,280 --> 00:37:59,160

we have some kind of external reality

889

00:38:07,609 --> 00:38:02,290

that is impinging upon the internal

890

00:38:11,340 --> 00:38:07,619

reality but if we conclude that both

891

00:38:14,010 --> 00:38:11,350

internal hallucinations and external

892

00:38:18,510 --> 00:38:14,020

reality of both elements of the same

893

00:38:20,310 --> 00:38:18,520

thing suddenly the idea that physical

894

00:38:25,790 --> 00:38:20,320

manifestations in three-dimensional

895

00:38:27,990 --> 00:38:25,800

reality somehow discredit or credit the

896

00:38:32,250 --> 00:38:28,000

hallucinations suddenly becomes a moot

897

00:38:34,670 --> 00:38:32,260

point in other words the reason that we

898

00:38:38,070 --> 00:38:34,680

perceive external reality the way we do

899

00:38:41,010 --> 00:38:38,080

because the brain itself internally

900

00:38:43,920 --> 00:38:41,020

generates a model of external reality

901
00:38:47,130 --> 00:38:43,930
within the brain and presents it to

902
00:38:49,680 --> 00:38:47,140
consciousness which means that external

903
00:38:53,550 --> 00:38:49,690
reality is as much a brain generated

904
00:38:56,690 --> 00:38:53,560
hallucination as internal reality is now

905
00:38:59,400 --> 00:38:56,700
this again is not mad nonsense

906
00:39:02,880 --> 00:38:59,410
anybody who actually understands how the

907
00:39:06,060 --> 00:39:02,890
brain internally models reality knows

908
00:39:09,030 --> 00:39:06,070
this is a fact I was in a debate with

909
00:39:11,160 --> 00:39:09,040
skeptics of formal debate in London two

910
00:39:14,160 --> 00:39:11,170
years ago there were three on my team

911
00:39:16,290 --> 00:39:14,170
and three skeptics and we wiped the

912
00:39:19,280 --> 00:39:16,300
earth with them that's why they never

913
00:39:23,460 --> 00:39:19,290

involved me in these kind of debates and

914

00:39:25,400 --> 00:39:23,470

one of the guys on on my side was a guy

915

00:39:28,190 --> 00:39:25,410

called professor Raymond Tallis and

916

00:39:30,450 --> 00:39:28,200

Raymond Tallis is an absolute polymath

917

00:39:33,870 --> 00:39:30,460

brilliant brilliant mind brilliant guy

918

00:39:35,010 --> 00:39:33,880

and Ray in his presentation though again

919

00:39:37,950 --> 00:39:35,020

if anybody's interested Ray's

920

00:39:41,970 --> 00:39:37,960

presentation is on YouTube if you just

921

00:39:45,030 --> 00:39:41,980

look up Raymond Tallis London debate

922

00:39:47,310 --> 00:39:45,040

you will find it okay and in his opening

923

00:39:51,790 --> 00:39:47,320

presentation he makes this amazing

924

00:39:56,260 --> 00:39:51,800

comment where he says that

925

00:39:58,810 --> 00:39:56,270

the idea that out-of-body experiences

926

00:40:00,760 --> 00:39:58,820

and NDA's and other extraordinary

927

00:40:03,700 --> 00:40:00,770

experiences are extraordinary and

928

00:40:05,980 --> 00:40:03,710

strange is weird because it's just as

929

00:40:09,100 --> 00:40:05,990

extraordinary strange that I'm having a

930

00:40:11,740 --> 00:40:09,110

real life experience right it is just as

931

00:40:15,100 --> 00:40:11,750

odd but people never ever think about

932

00:40:18,520 --> 00:40:15,110

that that I am something some were

933

00:40:23,080 --> 00:40:18,530

somehow behind my eyes and between my

934

00:40:26,320 --> 00:40:23,090

ears that somehow aware of all this that

935

00:40:29,800 --> 00:40:26,330

surround me in a ordinarily dead

936

00:40:32,470 --> 00:40:29,810

universe I am something perceiving

937

00:40:34,840 --> 00:40:32,480

something and this is why people never

938

00:40:38,200 --> 00:40:34,850

ever think deeply enough you know they

939

00:40:39,880 --> 00:40:38,210

dismiss NDA's and they dismiss OBEs but

940

00:40:43,030 --> 00:40:39,890

they never ever think but isn't it

941

00:40:45,190 --> 00:40:43,040

absolutely staggeringly amazing that I'm

942

00:40:48,760 --> 00:40:45,200

here and indeed is it not staggeringly

943

00:40:51,850 --> 00:40:48,770

amazing that anything exists rather than

944

00:40:56,590 --> 00:40:51,860

nothing mm-hmm but it does and it is

945

00:40:58,570 --> 00:40:56,600

perceived by me now again as an analogy

946

00:41:00,550 --> 00:40:58,580

I've used in my previous writings here

947

00:41:02,530 --> 00:41:00,560

and people turn around and say external

948

00:41:05,500 --> 00:41:02,540

reality is real internal and

949

00:41:07,090 --> 00:41:05,510

hallucinations are not the only reason

950

00:41:08,950 --> 00:41:07,100

that an hallucination is an

951
00:41:10,840 --> 00:41:08,960
hallucination is because it is not

952
00:41:13,660 --> 00:41:10,850
shared by anybody else that is the

953
00:41:16,120 --> 00:41:13,670
absolute definition it is a perception

954
00:41:19,180 --> 00:41:16,130
that is external to yourself that nobody

955
00:41:21,220 --> 00:41:19,190
else perceives but there is something

956
00:41:24,460 --> 00:41:21,230
else in psychology called a folly of

957
00:41:25,710 --> 00:41:24,470
dirt and a folly odor is when you and

958
00:41:28,780 --> 00:41:25,720
another person

959
00:41:32,860 --> 00:41:28,790
sure an hallucination which has been

960
00:41:34,750 --> 00:41:32,870
recorded many many times so here we have

961
00:41:36,970 --> 00:41:34,760
a problem for materias reductionist

962
00:41:39,640 --> 00:41:36,980
science because the only way they can

963
00:41:41,860 --> 00:41:39,650

explain a foley odor which is a shirt

964

00:41:44,830 --> 00:41:41,870

hallucination is by falling back on

965

00:41:47,260 --> 00:41:44,840

telepathy mm-hmm communication between

966

00:41:50,350 --> 00:41:47,270

brains at a distance but they don't

967

00:41:52,570 --> 00:41:50,360

believe in that anyway so they use one

968

00:41:54,990 --> 00:41:52,580

thing they don't believe in to explain

969

00:41:57,910 --> 00:41:55,000

something else they don't believe in

970

00:42:00,970 --> 00:41:57,920

when you then have a group of

971

00:42:02,770 --> 00:42:00,980

individuals who collectively have an

972

00:42:05,440 --> 00:42:02,780

elucidation like many of the mass UFO

973

00:42:08,349 --> 00:42:05,450

sightings with the incident at

974

00:42:11,109 --> 00:42:08,359

at Fatima whether the Sun supposedly

975

00:42:14,530 --> 00:42:11,119

spun in the sky these things were

976
00:42:18,390 --> 00:42:14,540
soldiers seen by thousands of people

977
00:42:21,270 --> 00:42:18,400
that's collective hysteria so we have

978
00:42:25,720 --> 00:42:21,280
thousands of people sharing an

979
00:42:29,050 --> 00:42:25,730
hallucination Billy thousands of people

980
00:42:31,500 --> 00:42:29,060
can share an elucidation why is external

981
00:42:34,569 --> 00:42:31,510
reality similarly not an hallucination

982
00:42:36,520 --> 00:42:34,579
because the only reason I believe that

983
00:42:39,700 --> 00:42:36,530
external reality is real is because

984
00:42:42,550 --> 00:42:39,710
other people correspond and agree with

985
00:42:44,770 --> 00:42:42,560
me it is consensually real it's actually

986
00:42:47,020 --> 00:42:44,780
a term called consensual reality we

987
00:42:47,500 --> 00:42:47,030
consent to the fact that we see the same

988
00:42:51,609 --> 00:42:47,510

things

989

00:42:54,280 --> 00:42:51,619

mm-hmm but clearly collective

990

00:42:58,089 --> 00:42:54,290

hallucinations destroy that argument

991

00:43:00,220 --> 00:42:58,099

right so there are researchers in recent

992

00:43:02,500 --> 00:43:00,230

years there's a couple of guys many many

993

00:43:05,200 --> 00:43:02,510

years ago came up with a book on

994

00:43:07,510 --> 00:43:05,210

hallucinations as a lady called Celia

995

00:43:10,870 --> 00:43:07,520

Green and her associate I think it's

996

00:43:11,980 --> 00:43:10,880

Christopher or Colin McCreary and they

997

00:43:15,430 --> 00:43:11,990

came up with something called a

998

00:43:17,280 --> 00:43:15,440

metaphoric model of perception and the

999

00:43:21,609 --> 00:43:17,290

metaphoric model is simply this

1000

00:43:25,200 --> 00:43:21,619

everything is an elucidation everything

1001

00:43:28,180 --> 00:43:25,210

and to me that makes eminent good sense

1002

00:43:30,370 --> 00:43:28,190

absolutely I agree and maybe we should

1003

00:43:32,349 --> 00:43:30,380

throw dimethyltryptamine in here a

1004

00:43:34,660 --> 00:43:32,359

little bit because you could consider it

1005

00:43:36,040 --> 00:43:34,670

a bit of a clue that I have I mean I've

1006

00:43:39,099 --> 00:43:36,050

heard other researchers suggest that

1007

00:43:42,130 --> 00:43:39,109

because the alien abduction phenomenon

1008

00:43:43,770 --> 00:43:42,140

and UFO sightings seem to repeat with

1009

00:43:45,880 --> 00:43:43,780

people they seem to be

1010

00:43:48,550 --> 00:43:45,890

multi-generational I've heard some

1011

00:43:50,520 --> 00:43:48,560

people equate that to the reasoning

1012

00:43:54,190 --> 00:43:50,530

being that maybe it's because of

1013

00:43:57,609 --> 00:43:54,200

hereditary DMT dumping condition of some

1014

00:43:58,870 --> 00:43:57,619

kind or some kind of chemical issue what

1015

00:44:00,250 --> 00:43:58,880

are your thoughts on that and maybe you

1016

00:44:02,079 --> 00:44:00,260

know also what role does

1017

00:44:04,900 --> 00:44:02,089

dimethyltryptamine play in the big

1018

00:44:07,599 --> 00:44:04,910

picture okay well the things we have to

1019

00:44:11,980 --> 00:44:07,609

discuss here is that there will be

1020

00:44:16,210 --> 00:44:11,990

people out there who will be believing

1021

00:44:16,750 --> 00:44:16,220

that some people know the DMT just an

1022

00:44:18,579 --> 00:44:16,760

explanation

1023

00:44:19,180 --> 00:44:18,589

dimethyltryptamine is the most powerful

1024

00:44:21,040 --> 00:44:19,190

who

1025

00:44:23,680 --> 00:44:21,050

janek substance probably known to man

1026

00:44:27,400 --> 00:44:23,690

there was powerful one that's discovered

1027

00:44:29,109 --> 00:44:27,410

it's in nature it's it's in plants it

1028

00:44:30,819 --> 00:44:29,119

seems to be everywhere it seems to be

1029

00:44:35,260 --> 00:44:30,829

unusual to find places where it's not

1030

00:44:38,440 --> 00:44:35,270

it's been found in the cerebral fluid in

1031

00:44:40,000 --> 00:44:38,450

the back in the spinal cord it's been

1032

00:44:43,200 --> 00:44:40,010

found in the liver and I think it's been

1033

00:44:46,150 --> 00:44:43,210

found in the lining of the stomach but

1034

00:44:48,339 --> 00:44:46,160

educated people will counter the

1035

00:44:50,109 --> 00:44:48,349

argument and say yes that is it maybe

1036

00:44:53,380 --> 00:44:50,119

but it's never been discovered in the

1037

00:44:55,210 --> 00:44:53,390

brain it has been discovered in the

1038

00:44:58,420 --> 00:44:55,220

brain it's just that people don't know

1039

00:45:02,160 --> 00:44:58,430

about it and the reason being is that I

1040

00:45:07,000 --> 00:45:02,170

think this discovery has caused

1041

00:45:12,240 --> 00:45:07,010

incredible problems with the deniers of

1042

00:45:15,790 --> 00:45:12,250

the greater reality 2014 I think it was

1043

00:45:18,790 --> 00:45:15,800

there was a paper published by a lady

1044

00:45:21,819 --> 00:45:18,800

called GMO ba Jie Jian who was at the

1045

00:45:28,750 --> 00:45:21,829

University of Michigan and she's been

1046

00:45:34,809 --> 00:45:28,760

researching the brains of rats and she

1047

00:45:38,260 --> 00:45:34,819

did some tests on rats that year and she

1048

00:45:41,950 --> 00:45:38,270

found inside the pineal gland of rats

1049

00:45:44,260 --> 00:45:41,960

dimethyltryptamine the rats brain is a

1050

00:45:46,450 --> 00:45:44,270

mammalian brain it has evolved in

1051
00:45:48,490 --> 00:45:46,460
exactly the same way as the human brain

1052
00:45:50,640 --> 00:45:48,500
has evolved the reason that they do

1053
00:45:52,839 --> 00:45:50,650
experiments with rats is because the new

1054
00:45:55,329 --> 00:45:52,849
neurological the way the brain

1055
00:45:58,420 --> 00:45:55,339
communicates with a rat is incredibly

1056
00:46:03,220 --> 00:45:58,430
similar to the way the human brain comes

1057
00:46:05,680 --> 00:46:03,230
about they found it in a live rat now if

1058
00:46:08,950 --> 00:46:05,690
that is the case either

1059
00:46:12,970 --> 00:46:08,960
dimethyltryptamine is generated by the

1060
00:46:15,069 --> 00:46:12,980
pineal gland or it appears from

1061
00:46:17,620 --> 00:46:15,079
somewhere else in the body in the pineal

1062
00:46:21,070 --> 00:46:17,630
gland but there is no question that it

1063
00:46:24,010 --> 00:46:21,080

was inside the pineal gland now

1064

00:46:26,170 --> 00:46:24,020

then explains why it's in the the spine

1065

00:46:27,850 --> 00:46:26,180

of cerebral fluid it explains why it's

1066

00:46:31,620 --> 00:46:27,860

in the body it explains why it's in the

1067

00:46:34,540 --> 00:46:31,630

blood it's part of us we have evolved in

1068

00:46:37,090 --> 00:46:34,550

this way now the reason we don't know

1069

00:46:41,590 --> 00:46:37,100

that dimethyltryptamine is in the pineal

1070

00:46:44,010 --> 00:46:41,600

gland of live people is obvious it

1071

00:46:47,920 --> 00:46:44,020

doesn't doesn't last very long and it

1072

00:46:50,530 --> 00:46:47,930

changes into other substances so unless

1073

00:46:53,260 --> 00:46:50,540

anybody is willing to volunteer to have

1074

00:46:56,080 --> 00:46:53,270

their brain split open and have a sensor

1075

00:46:58,510 --> 00:46:56,090

put inside their pineal gland we'll

1076
00:47:00,490 --> 00:46:58,520
never know but if somebody volunteers to

1077
00:47:03,760 --> 00:47:00,500
do that I guarantee they will discover

1078
00:47:06,850 --> 00:47:03,770
that DMT is generated by the pineal

1079
00:47:09,940 --> 00:47:06,860
gland there is lots of supporting

1080
00:47:11,950 --> 00:47:09,950
evidence for this for example there are

1081
00:47:14,430 --> 00:47:11,960
things called the tars receptors the

1082
00:47:16,750 --> 00:47:14,440
trace I mean associated receptors and

1083
00:47:20,850 --> 00:47:16,760
there's something called a Sigma 1 and

1084
00:47:23,860 --> 00:47:20,860
Sigma 2 receptor sites and these

1085
00:47:26,890 --> 00:47:23,870
receptor sites within the neurons of the

1086
00:47:29,080 --> 00:47:26,900
brain are known to react with

1087
00:47:31,020 --> 00:47:29,090
dimethyltryptamine it's as if they are

1088
00:47:33,250 --> 00:47:31,030

designed they're like little harbors and

1089

00:47:35,110 --> 00:47:33,260

receptor sites are always designed to

1090

00:47:36,640 --> 00:47:35,120

work with particular neurotransmitters

1091

00:47:38,590 --> 00:47:36,650

which are chemicals that are generated

1092

00:47:40,900 --> 00:47:38,600

by the brain to communicate send

1093

00:47:43,470 --> 00:47:40,910

messages across the brain these are

1094

00:47:46,210 --> 00:47:43,480

designed to work with dimethyltryptamine

1095

00:47:47,140 --> 00:47:46,220

now if dimethyltryptamine these have

1096

00:47:48,850 --> 00:47:47,150

been designed this means that

1097

00:47:51,340 --> 00:47:48,860

dimethyltryptamine is something called a

1098

00:47:52,540 --> 00:47:51,350

neurotransmitter right and if it is a

1099

00:47:55,720 --> 00:47:52,550

neurotransmitter

1100

00:47:57,690 --> 00:47:55,730

it is our modulator of reality and this

1101
00:48:01,540 --> 00:47:57,700
is something that Rick Strassman argued

1102
00:48:04,570 --> 00:48:01,550
so suddenly we have something very

1103
00:48:07,210 --> 00:48:04,580
curious here because dimethyltryptamine

1104
00:48:09,370 --> 00:48:07,220
has been known for many many years and

1105
00:48:11,320 --> 00:48:09,380
I'll touch upon ayahuasca later if we

1106
00:48:13,930 --> 00:48:11,330
get the opportunity but just to focus

1107
00:48:17,080 --> 00:48:13,940
into dimethyltryptamine for a second in

1108
00:48:17,860 --> 00:48:17,090
the early 1990s a guy called Professor

1109
00:48:19,870 --> 00:48:17,870
Rick Strassman

1110
00:48:22,120 --> 00:48:19,880
was employed by the American government

1111
00:48:25,480 --> 00:48:22,130
this is known this is not not conspiracy

1112
00:48:27,400 --> 00:48:25,490
theory this is a known fact was employed

1113
00:48:30,070 --> 00:48:27,410

together with his University the

1114

00:48:32,440 --> 00:48:30,080

University of New Mexico to do research

1115

00:48:34,599 --> 00:48:32,450

into the effects of dimethyltryptamine

1116

00:48:37,839 --> 00:48:34,609

on volunteers

1117

00:48:40,690 --> 00:48:37,849

and they had scores of volunteers who

1118

00:48:42,460 --> 00:48:40,700

volunteered to take intravenously

1119

00:48:45,069 --> 00:48:42,470

we have injected into their bloodstream

1120

00:48:46,509 --> 00:48:45,079

dimethyltryptamine and then their job

1121

00:48:49,329 --> 00:48:46,519

was to then have the dimethyltryptamine

1122

00:48:52,839 --> 00:48:49,339

experience and report back to the

1123

00:48:54,940 --> 00:48:52,849

scientists what they experienced now the

1124

00:48:56,319 --> 00:48:54,950

curious thing here again if anybody is

1125

00:48:57,489 --> 00:48:56,329

interested I'm sure there's a lot of

1126
00:48:58,960 --> 00:48:57,499
individuals out there who've already

1127
00:49:02,730 --> 00:48:58,970
read the book it's called spirit

1128
00:49:06,150 --> 00:49:02,740
molecule but Rick

1129
00:49:08,460 --> 00:49:06,160
reports as he would do in a scientific

1130
00:49:12,720 --> 00:49:08,470
way the reports that the individuals

1131
00:49:17,070 --> 00:49:12,730
gave all of them said that when they

1132
00:49:22,140 --> 00:49:17,080
were in the dmt state they realized that

1133
00:49:24,450 --> 00:49:22,150
this here is the hallucination the DMT

1134
00:49:26,670 --> 00:49:24,460
trip opened up their doors of reception

1135
00:49:28,920 --> 00:49:26,680
to the plural for want of a better term

1136
00:49:32,910 --> 00:49:28,930
I mean Rick doesn't use that term but I

1137
00:49:35,370 --> 00:49:32,920
do and suddenly they're in another

1138
00:49:39,000 --> 00:49:35,380

reality that is another level of reality

1139

00:49:42,420 --> 00:49:39,010

above ours and in this level of reality

1140

00:49:47,099 --> 00:49:42,430

there are entities and these entities

1141

00:49:50,609 --> 00:49:47,109

have motivations these entities show

1142

00:49:53,010 --> 00:49:50,619

planning these entities communicate

1143

00:49:55,710 --> 00:49:53,020

they're not like things that appearing

1144

00:49:58,530 --> 00:49:55,720

drawable dreams they are things that

1145

00:50:00,630 --> 00:49:58,540

were expecting them some of them when

1146

00:50:02,550 --> 00:50:00,640

they went they got into this place where

1147

00:50:04,500 --> 00:50:02,560

they go into this kind of cloud scape

1148

00:50:05,700 --> 00:50:04,510

and there are these beings that they can

1149

00:50:07,829 --> 00:50:05,710

see through the clouds and then the

1150

00:50:10,410 --> 00:50:07,839

beings start to look at them the beings

1151
00:50:12,960 --> 00:50:10,420
were expecting them the beings knew that

1152
00:50:16,290 --> 00:50:12,970
they were taking DMT and were ready for

1153
00:50:18,510 --> 00:50:16,300
them the beings in question were

1154
00:50:22,859 --> 00:50:18,520
generally described in a very similar

1155
00:50:25,440 --> 00:50:22,869
way to Grey's not only that but Terence

1156
00:50:30,060 --> 00:50:25,450
Mckenna who is one of the major writers

1157
00:50:33,599 --> 00:50:30,070
on DMT call them the Machine Elves right

1158
00:50:35,730 --> 00:50:33,609
and these entities are virtually

1159
00:50:38,099 --> 00:50:35,740
identical to the entities that my mother

1160
00:50:39,900 --> 00:50:38,109
saw they are identical to the nth there

1161
00:50:42,750 --> 00:50:39,910
there are lots of entities that people

1162
00:50:45,270 --> 00:50:42,760
see in out of the body experiences

1163
00:50:48,630 --> 00:50:45,280

people who in remote viewing and people

1164

00:50:50,520 --> 00:50:48,640

who are abducted with UFOs now the weird

1165

00:50:52,079 --> 00:50:50,530

and rather disturbing thing about this

1166

00:50:55,349 --> 00:50:52,089

and it will be the feature of my new

1167

00:50:57,839 --> 00:50:55,359

book is what are they up to because they

1168

00:50:59,760 --> 00:50:57,849

seem to be experimenting because again

1169

00:51:02,220 --> 00:50:59,770

these individuals during the DMT trips

1170

00:51:05,120 --> 00:51:02,230

recorded really awful things being done

1171

00:51:08,790 --> 00:51:05,130

to them now what is significant here is

1172

00:51:10,850 --> 00:51:08,800

that the can be parallels drawn here to

1173

00:51:13,520 --> 00:51:10,860

shamanic traveling

1174

00:51:15,350 --> 00:51:13,530

because when people shamanic travel they

1175

00:51:17,810 --> 00:51:15,360

meet entities when they shamanic Lee

1176

00:51:20,330 --> 00:51:17,820

travel and there is something called a

1177

00:51:23,270 --> 00:51:20,340

shamanic journey and in the shamanic

1178

00:51:26,450 --> 00:51:23,280

journey somebody the person the shaman

1179

00:51:29,150 --> 00:51:26,460

is dismembered and cutting to by other

1180

00:51:32,480 --> 00:51:29,160

beings it's part and parcel of the

1181

00:51:34,910 --> 00:51:32,490

process of becoming a shaman now in the

1182

00:51:37,100 --> 00:51:34,920

book I describe a series of incidents

1183

00:51:40,520 --> 00:51:37,110

that took place in the life of a guy

1184

00:51:44,960 --> 00:51:40,530

called Myron Dyle who is a Californian

1185

00:51:47,750 --> 00:51:44,970

artist and Myron ever since his early

1186

00:51:51,440 --> 00:51:47,760

childhood has been traveling to a place

1187

00:51:54,620 --> 00:51:51,450

he calls el Kong and the ins elk on

1188

00:51:56,420 --> 00:51:54,630

there are entities and there's one

1189

00:51:58,760 --> 00:51:56,430
sequence which I discuss in the book

1190

00:52:00,620 --> 00:51:58,770
taken from his non published

1191

00:52:02,840 --> 00:52:00,630
autobiography called the boy that nobody

1192

00:52:06,950 --> 00:52:02,850
wanted which I strongly suggest you

1193

00:52:11,300 --> 00:52:06,960
should read he describes how he is

1194

00:52:15,050 --> 00:52:11,310
ripped apart by entities and then put

1195

00:52:17,750 --> 00:52:15,060
together again and regenerated now the

1196

00:52:21,860 --> 00:52:17,760
intriguing thing about Myron is he has

1197

00:52:23,900 --> 00:52:21,870
temporal lobe epilepsy which in my book

1198

00:52:27,250 --> 00:52:23,910
I say is the next level where the doors

1199

00:52:30,820 --> 00:52:27,260
of perception are opened slightly wider

1200

00:52:34,130 --> 00:52:30,830
from migraine to epilepsy and

1201
00:52:36,940 --> 00:52:34,140
particularly temporal lobe epilepsy so

1202
00:52:39,890 --> 00:52:36,950
suddenly I'm starting to pull together

1203
00:52:42,920 --> 00:52:39,900
something that actually is very very

1204
00:52:44,990 --> 00:52:42,930
very structured it's suddenly I'm not

1205
00:52:46,970 --> 00:52:45,000
writing that I've had these weird

1206
00:52:48,860 --> 00:52:46,980
experiences and in those weird

1207
00:52:51,740 --> 00:52:48,870
experiences the Martians have told me

1208
00:52:53,420 --> 00:52:51,750
all these things I'm actually doing the

1209
00:52:56,750 --> 00:52:53,430
science and saying there are direct

1210
00:52:59,330 --> 00:52:56,760
links between migraine and temporal lobe

1211
00:53:01,880 --> 00:52:59,340
epilepsy in fact there is a gnome

1212
00:53:06,170 --> 00:53:01,890
syndrome there is something called alep

1213
00:53:08,270 --> 00:53:06,180

toyed alep toyed migraine where

1214

00:53:11,810 --> 00:53:08,280

individuals you cannot tell the

1215

00:53:14,930 --> 00:53:11,820

difference between a migraine aura and a

1216

00:53:17,750 --> 00:53:14,940

temporal lobe epilepsy aura so these are

1217

00:53:20,600 --> 00:53:17,760

people who the door looking into the

1218

00:53:21,310 --> 00:53:20,610

plural is starting to get wider and

1219

00:53:24,600 --> 00:53:21,320

wider

1220

00:53:25,830 --> 00:53:24,610

now I argue with Myron and

1221

00:53:27,300 --> 00:53:25,840

he's in agreement with me on this

1222

00:53:29,790 --> 00:53:27,310

because I have to be sensitive about

1223

00:53:32,070 --> 00:53:29,800

this because I said Myron I think you

1224

00:53:34,230 --> 00:53:32,080

have more than epilepsy I think you have

1225

00:53:36,600 --> 00:53:34,240

elements of schizophrenia and there's

1226

00:53:39,000 --> 00:53:36,610

this something called SLP II it's

1227

00:53:42,030 --> 00:53:39,010

schizophrenia like psychosis of epilepsy

1228

00:53:45,000 --> 00:53:42,040

and this is the borderline between

1229

00:53:47,070 --> 00:53:45,010

epilepsy and schizophrenia and

1230

00:53:49,790 --> 00:53:47,080

schizophrenia is when the doors of

1231

00:53:52,560 --> 00:53:49,800

perception are blown off and

1232

00:53:55,170 --> 00:53:52,570

schizophrenic s-- see the plur oma and

1233

00:53:57,750 --> 00:53:55,180

of the entities whatever they are are

1234

00:54:00,780 --> 00:53:57,760

coming through and they are part of

1235

00:54:05,010 --> 00:54:00,790

their hallucinatory life all the time

1236

00:54:07,530 --> 00:54:05,020

and it drives them mad man it's just

1237

00:54:09,120 --> 00:54:07,540

mind-blowing stuff and you know the

1238

00:54:11,250 --> 00:54:09,130

first part of everything you said before

1239

00:54:13,830 --> 00:54:11,260

you got to to Myron's experiences

1240

00:54:16,710 --> 00:54:13,840

describes what I experienced to a tee

1241

00:54:19,320 --> 00:54:16,720

especially the element that you're

1242

00:54:21,390 --> 00:54:19,330

transported to a foreign environment for

1243

00:54:24,360 --> 00:54:21,400

lack of better terms and you instantly

1244

00:54:26,760 --> 00:54:24,370

know that it's a familiar place that is

1245

00:54:30,180 --> 00:54:26,770

more real than your everyday reality and

1246

00:54:32,460 --> 00:54:30,190

you can't explain to a skeptic order to

1247

00:54:35,040 --> 00:54:32,470

a non experience er what that feels like

1248

00:54:36,540 --> 00:54:35,050

I mean it's like saying it hurt when you

1249

00:54:38,580 --> 00:54:36,550

stabbed me with the pin well how do you

1250

00:54:40,470 --> 00:54:38,590

know it hurt because I felt pain I know

1251

00:54:42,150 --> 00:54:40,480

it hurt I just know it did yeah and

1252

00:54:44,430 --> 00:54:42,160

that's how the feeling is you just you

1253

00:54:47,700 --> 00:54:44,440

know it's strange but yet incredibly

1254

00:54:49,500 --> 00:54:47,710

familiar and if I hadn't experienced in

1255

00:54:51,180 --> 00:54:49,510

myself I mean that morning I woke up an

1256

00:54:54,000 --> 00:54:51,190

atheist I went to bed not knowing what

1257

00:54:55,920 --> 00:54:54,010

the hell was going on but amazing stuff

1258

00:54:57,270 --> 00:54:55,930

man and we got through about half the

1259

00:54:58,860 --> 00:54:57,280

questions I had for you we'll have to do

1260

00:55:00,720 --> 00:54:58,870

this again sometime

1261

00:55:01,980 --> 00:55:00,730

no absolutely anytime Greg you want to

1262

00:55:03,510 --> 00:55:01,990

do it again I'm more than happy to do

1263

00:55:04,740 --> 00:55:03,520

you great interviewer and you know your

1264

00:55:06,270 --> 00:55:04,750

stuff thank you man and you do your

1265

00:55:08,910 --> 00:55:06,280

research you actually give me the honor

1266

00:55:11,460 --> 00:55:08,920

of reading the book which is important

1267

00:55:12,570 --> 00:55:11,470

host only have a couple small jobs and

1268

00:55:14,010 --> 00:55:12,580

that would be one of them but you know

1269

00:55:16,890 --> 00:55:14,020

the rest of the world makes it easy for

1270

00:55:18,630 --> 00:55:16,900

me I guess so thanks again man I you

1271

00:55:20,040 --> 00:55:18,640

know one thing I did take away from you

1272

00:55:21,690 --> 00:55:20,050

I've been a fan of your work since we

1273

00:55:24,150 --> 00:55:21,700

first got familiar you were actually the

1274

00:55:26,250 --> 00:55:24,160

guest on my 21st show ever

1275

00:55:29,100 --> 00:55:26,260

so I appreciate coming on at such an

1276

00:55:30,930 --> 00:55:29,110

early stage and you talked about the

1277

00:55:32,340 --> 00:55:30,940

lucid light device and you made me aware

1278

00:55:34,290 --> 00:55:32,350

of that and I was lucky enough to

1279

00:55:36,450 --> 00:55:34,300

experience one when it came through town

1280

00:55:37,950 --> 00:55:36,460

so I'm always going to owe you that

1281

00:55:39,870 --> 00:55:37,960

because that was

1282

00:55:41,130 --> 00:55:39,880

okay okay Jeff you got time to tell us

1283

00:55:44,280 --> 00:55:41,140

about your experience with it I mean

1284

00:55:46,380 --> 00:55:44,290

yeah to be honest with you it was a

1285

00:55:48,720 --> 00:55:46,390

little because they had a dial on the

1286

00:55:50,310 --> 00:55:48,730

machine and it had ten stages and they

1287

00:55:53,370 --> 00:55:50,320

said we can dial up the intensity as

1288

00:55:56,070 --> 00:55:53,380

much as you might like and on ten they

1289

00:55:58,230 --> 00:55:56,080

had the labeled DMT and I said well you

1290

00:56:00,089 --> 00:55:58,240

know I've done DMT I've smoked I've done

1291

00:56:03,300 --> 00:56:00,099

several loosens let's just go for it I'm

1292

00:56:05,579 --> 00:56:03,310

here I'm not gonna see this again and it

1293

00:56:08,250 --> 00:56:05,589

was interesting but it's it felt like

1294

00:56:11,339 --> 00:56:08,260

you know having experienced DMT it kind

1295

00:56:14,940 --> 00:56:11,349

of felt like a synthetic version and I

1296

00:56:17,370 --> 00:56:14,950

was left kind of dizzy which is not so

1297

00:56:19,890 --> 00:56:17,380

what I experienced with the drug itself

1298

00:56:22,589 --> 00:56:19,900

but definitely fascinating that you

1299

00:56:24,450 --> 00:56:22,599

could get someone that close to a real

1300

00:56:28,680 --> 00:56:24,460

psychedelic experience with just

1301

00:56:30,599 --> 00:56:28,690

flashing lights we are just a series of

1302

00:56:33,120 --> 00:56:30,609

electrodes and we're big computers and

1303

00:56:35,640 --> 00:56:33,130

it was intense it definitely was but I

1304

00:56:38,160 --> 00:56:35,650

felt like it was still felt slightly

1305

00:56:39,599 --> 00:56:38,170

simulated and I didn't really get out of

1306

00:56:42,210 --> 00:56:39,609

body in the way that I've heard other

1307

00:56:43,800 --> 00:56:42,220

people describe no I totally agree with

1308

00:56:45,570 --> 00:56:43,810

you on that I I think the thing is as

1309

00:56:47,130 --> 00:56:45,580

you know I point I as a section in the

1310

00:56:50,670 --> 00:56:47,140

book where I discuss Cliver form

1311

00:56:54,329 --> 00:56:50,680

constants and Cliver form constants I

1312

00:56:58,280 --> 00:56:54,339

think of what it generates and these are

1313

00:57:02,550 --> 00:56:58,290

hallucinogenic images but they are not

1314

00:57:04,589 --> 00:57:02,560

as powerful as what DMT would be in

1315

00:57:07,170 --> 00:57:04,599

other words DMT I think is he's kind of

1316

00:57:09,660 --> 00:57:07,180

looking at a TV screen and seeing

1317

00:57:11,910 --> 00:57:09,670

something at a distance whereas DMT

1318

00:57:14,010 --> 00:57:11,920

gives you I mean I've never taken a

1319

00:57:16,410 --> 00:57:14,020

substance but I am told and I would use

1320

00:57:19,740 --> 00:57:16,420

the analogy it's like being in an IMAX

1321

00:57:21,060 --> 00:57:19,750

cinema surround-sound 3d the whole

1322

00:57:23,450 --> 00:57:21,070

kaboodle and that's the difference

1323

00:57:27,450 --> 00:57:23,460

because I do not think you can simulate

1324

00:57:29,250 --> 00:57:27,460

these things in that way I think they

1325

00:57:30,599 --> 00:57:29,260

have to be simulated differently and

1326
00:57:32,760 --> 00:57:30,609
there could be an argument that it might

1327
00:57:33,120 --> 00:57:32,770
actually stimulate the pineal gland to

1328
00:57:34,560 --> 00:57:33,130
release

1329
00:57:38,579 --> 00:57:34,570
dimethyltryptamine endogenous

1330
00:57:40,950 --> 00:57:38,589
dimethyltryptamine but I remain to be

1331
00:57:43,140 --> 00:57:40,960
convinced but until I have done DMT I

1332
00:57:45,390 --> 00:57:43,150
obviously can never really comment in

1333
00:57:47,070 --> 00:57:45,400
that way because I can't you can and I

1334
00:57:48,720 --> 00:57:47,080
think your opinion on that is very very

1335
00:57:51,010 --> 00:57:48,730
important so thanks for sharing that hey

1336
00:57:52,810 --> 00:57:51,020
thank you man I wouldn't have even given

1337
00:57:55,780 --> 00:57:52,820
second thought had you not emphasized

1338
00:57:57,790 --> 00:57:55,790

how useful it could be as a tool and I'm

1339

00:57:59,800 --> 00:57:57,800

glad I can knock that off the bucket

1340

00:58:01,720 --> 00:57:59,810

list for sure some man

1341

00:58:03,520 --> 00:58:01,730

I definitely love this we could do it

1342

00:58:05,380 --> 00:58:03,530

all day but that pretty much is all the

1343

00:58:08,110 --> 00:58:05,390

time we have it's been a serious blast

1344

00:58:09,460 --> 00:58:08,120

talking to you again before we go remind

1345

00:58:11,380 --> 00:58:09,470

the people where they can get the book

1346

00:58:14,470 --> 00:58:11,390

and where they can follow more of your

1347

00:58:16,840 --> 00:58:14,480

ongoing work maybe on your website okay

1348

00:58:20,050 --> 00:58:16,850

yeah my website is Anthony peek comm

1349

00:58:21,610 --> 00:58:20,060

it's recently been contou devised so

1350

00:58:23,350 --> 00:58:21,620

it's a completely brand new website

1351

00:58:25,270 --> 00:58:23,360

there and you'll find tons of material

1352

00:58:27,130 --> 00:58:25,280

on there all my interviews this

1353

00:58:28,300 --> 00:58:27,140

interview will be up there my previous

1354

00:58:29,380 --> 00:58:28,310

interviews with Greg will be up there

1355

00:58:31,570 --> 00:58:29,390

and everything else so it will all be

1356

00:58:33,100 --> 00:58:31,580

there in terms of my books can get them

1357

00:58:34,870 --> 00:58:33,110

on Amazon you can order them from your

1358

00:58:36,580 --> 00:58:34,880

local bookshop you'll probably find some

1359

00:58:39,490 --> 00:58:36,590

of them in your local bookshop they're

1360

00:58:41,710 --> 00:58:39,500

on Kindle that I'm about to spend three

1361

00:58:44,650 --> 00:58:41,720

days in two weeks time recording

1362

00:58:47,920 --> 00:58:44,660

inaudible or audible whatever they

1363

00:58:50,500 --> 00:58:47,930

called book for my first book so that

1364

00:58:52,090 --> 00:58:50,510

will be going into sound lots of

1365

00:58:54,880 --> 00:58:52,100

material out there but my books and if

1366

00:58:57,280 --> 00:58:54,890

you want to help me always always the

1367

00:58:59,770 --> 00:58:57,290

best way to help me financially is to

1368

00:59:01,060 --> 00:58:59,780

buy the books off my website because

1369

00:59:02,380 --> 00:59:01,070

there is a section on there where you

1370

00:59:04,660 --> 00:59:02,390

can buy the books and you get signed

1371

00:59:07,120 --> 00:59:04,670

copies I cannot compete with Amazon in

1372

00:59:09,370 --> 00:59:07,130

terms that I have to pay distribution

1373

00:59:10,960 --> 00:59:09,380

costs but you get the book at the same

1374

00:59:12,300 --> 00:59:10,970

price you would pay in a bookshop and

1375

00:59:14,290 --> 00:59:12,310

I'll sign it and everything else and

1376

00:59:16,540 --> 00:59:14,300

obviously you're then part of my world

1377

00:59:18,460 --> 00:59:16,550

but join me on Facebook check me out on

1378

00:59:20,380 --> 00:59:18,470

Facebook check out the website and

1379

00:59:22,000 --> 00:59:20,390

everything else and I'd love to hear

1380

00:59:23,950 --> 00:59:22,010

from you if you've had experiences it's

1381

00:59:26,770 --> 00:59:23,960

important to me that I get feedback I

1382

00:59:28,570 --> 00:59:26,780

get scores of messages every day so I

1383

00:59:29,740 --> 00:59:28,580

try as best as I can to get back to

1384

00:59:31,510 --> 00:59:29,750

every bit of what I can't guarantee it

1385

00:59:34,720 --> 00:59:31,520

but I will try right on

1386

00:59:37,360 --> 00:59:34,730

cool Anthony amazing keep digging in and

1387

00:59:39,580 --> 00:59:37,370

we will be eager to digest what you

1388

00:59:43,420 --> 00:59:39,590

discover until next time thanks Greg

1389

00:59:45,550 --> 00:59:43,430

thank you all right Anthony P big thanks

1390

00:59:47,260 --> 00:59:45,560

to him great speaker passionate about

1391

00:59:49,210 --> 00:59:47,270

his work touched by more than one

1392

00:59:51,520 --> 00:59:49,220

personal connection to the research and

1393

00:59:52,390 --> 00:59:51,530

you got to respect that and hey life is

1394

00:59:56,800 --> 00:59:52,400

weird

1395

00:59:59,140 --> 00:59:56,810

it at these depths is pretty refreshing

1396

01:00:02,350 --> 00:59:59,150

cuz when was the last time he actually

1397

01:00:05,230 --> 01:00:02,360

sat with a buddy and contemplated why we

1398

01:00:08,230 --> 01:00:05,240

need sleep to live why we need

1399

01:00:11,800 --> 01:00:08,240

REM sleep specifically the dream cycle

1400

01:00:14,050 --> 01:00:11,810

you don't dream in 48 hours you're

1401

01:00:16,000 --> 01:00:14,060

probably gonna die I don't know exactly

1402

01:00:18,609 --> 01:00:16,010

how long you can go but the point is

1403

01:00:20,020 --> 01:00:18,619

that you can't go along when was the

1404

01:00:22,780 --> 01:00:20,030

last time you said hey instead of going

1405

01:00:25,600 --> 01:00:22,790

out downtown tonight let's do mushrooms

1406

01:00:27,880 --> 01:00:25,610

in the backyard I don't know but I

1407

01:00:30,190 --> 01:00:27,890

almost asked Anthony about how animals

1408

01:00:31,920 --> 01:00:30,200

might sense the plural but I've been way

1409

01:00:34,300 --> 01:00:31,930

too into animal questions lately

1410

01:00:35,350 --> 01:00:34,310

probably because of planet Earth too and

1411

01:00:36,910 --> 01:00:35,360

the fact that I don't get out of the

1412

01:00:38,950 --> 01:00:36,920

house enough I sit on a couch with two

1413

01:00:41,590 --> 01:00:38,960

cats and a dog and smoke weed till I try

1414

01:00:43,540 --> 01:00:41,600

to send them telepathic messages it's

1415

01:00:45,490 --> 01:00:43,550

not a healthy lifestyle but it is where

1416

01:00:47,140 --> 01:00:45,500

we're at although there was that one

1417

01:00:48,730 --> 01:00:47,150

story or maybe it's happened multiple

1418

01:00:50,980 --> 01:00:48,740

times but I think there was a pretty

1419

01:00:53,350 --> 01:00:50,990

famous case of a house cat that lived in

1420

01:00:55,150 --> 01:00:53,360

a hospital it would always spend time in

1421

01:00:58,720 --> 01:00:55,160

a person's room the day before they died

1422

01:01:00,010 --> 01:00:58,730

it just knew what was killing people but

1423

01:01:03,700 --> 01:01:00,020

I think it just had a sixth sense about

1424

01:01:05,530 --> 01:01:03,710

things who knows why I actually recall

1425

01:01:08,140 --> 01:01:05,540

my dad telling me something similar

1426
01:01:10,359 --> 01:01:08,150
about an old uncle of his or somebody in

1427
01:01:12,760 --> 01:01:10,369
the family who was really highly

1428
01:01:15,460 --> 01:01:12,770
accurate at predicting deaths of loved

1429
01:01:17,050 --> 01:01:15,470
ones dig back a few generations and I

1430
01:01:19,510 --> 01:01:17,060
think most of us will find something

1431
01:01:21,520 --> 01:01:19,520
like that also the great minds behind

1432
01:01:24,849 --> 01:01:21,530
Westworld which we talked about are

1433
01:01:27,970 --> 01:01:24,859
actually Michael Crichton and Jonathan

1434
01:01:29,620 --> 01:01:27,980
Nolan Christopher Nolan's brother and

1435
01:01:33,490 --> 01:01:29,630
I'm only three episodes into the show

1436
01:01:35,380 --> 01:01:33,500
and I find it to be pretty slow but I'm

1437
01:01:37,960 --> 01:01:35,390
gonna try to stick with it I was

1438
01:01:40,000 --> 01:01:37,970

reminded with this THC just how far off

1439

01:01:42,609 --> 01:01:40,010

my thoughts can be from the mainstream

1440

01:01:44,680 --> 01:01:42,619

it's just funny how sure people are

1441

01:01:46,780 --> 01:01:44,690

about things they know nothing about a

1442

01:01:49,359 --> 01:01:46,790

lot of people who have never smoked

1443

01:01:51,160 --> 01:01:49,369

salvia are positive it can't transport

1444

01:01:52,990 --> 01:01:51,170

you to another place people who have

1445

01:01:55,690 --> 01:01:53,000

never meditated are sure that the

1446

01:01:57,490 --> 01:01:55,700

benefits have to be overinflated it's

1447

01:01:59,470 --> 01:01:57,500

just so frustrating because what do you

1448

01:02:02,290 --> 01:01:59,480

say to a person who is completely sure

1449

01:02:04,900 --> 01:02:02,300

of themselves wrong and also in the

1450

01:02:06,790 --> 01:02:04,910

majority it's like the conversational

1451

01:02:08,740 --> 01:02:06,800

equivalent of nails on a chalkboard to

1452

01:02:10,690 --> 01:02:08,750

me when I'm driving in a car with

1453

01:02:12,220 --> 01:02:10,700

someone and they say they want to turn

1454

01:02:15,220 --> 01:02:12,230

on the air-conditioner because they're

1455

01:02:17,440 --> 01:02:15,230

hot I don't say well I'm in this car and

1456

01:02:18,980 --> 01:02:17,450

I'm not hot so there's no way that that

1457

01:02:20,809 --> 01:02:18,990

could be your experience

1458

01:02:24,530 --> 01:02:20,819

or if someone says they're hungry I

1459

01:02:26,450 --> 01:02:24,540

don't say nah that can't be I mean how

1460

01:02:27,890 --> 01:02:26,460

do you respond to that someone doubting

1461

01:02:30,530 --> 01:02:27,900

that you're experiencing the sensation

1462

01:02:32,000 --> 01:02:30,540

of hunger it's the same thing with

1463

01:02:33,650 --> 01:02:32,010

psychedelics don't tell me what I

1464

01:02:36,020 --> 01:02:33,660

experienced if you don't have the balls

1465

01:02:37,490 --> 01:02:36,030

to do it yourself then get insight from

1466

01:02:39,829 --> 01:02:37,500

those who do don't [h__h] on their

1467

01:02:41,599 --> 01:02:39,839

experiences don't put up a wall

1468

01:02:44,480 --> 01:02:41,609

sponsored by the establishments

1469

01:02:46,910 --> 01:02:44,490

Coalition for a one-note world [h__h] that

1470

01:02:49,010 --> 01:02:46,920

and [h__h] them I'm out of here

1471

01:02:51,079 --> 01:02:49,020

your move brave Psychonauts and

1472

01:02:52,490 --> 01:02:51,089

entheogenic explorers risking it all to

1473

01:02:54,410 --> 01:02:52,500

further explore the depths of the

1474

01:02:56,450 --> 01:02:54,420

multiverse and silent defiance of a

1475

01:02:58,630 --> 01:02:56,460

multi-generational campaign to regulate

1476

01:03:04,400 --> 01:02:58,640

our brains two wavelengths they deem fit

1477

01:03:07,280 --> 01:03:04,410

your [h__\h] mood lucid dreams are so

1478

01:03:08,720 --> 01:03:07,290

vivid cuz you go to bed at 7:00 and your

1479

01:03:11,930 --> 01:03:08,730

brain comes alive

1480

01:03:14,299 --> 01:03:11,940

cuz you H and 9 to 5 you wake up with a

1481

01:03:16,790 --> 01:03:14,309

dread and make sure your cats are fed

1482

01:03:19,579 --> 01:03:16,800

did your brain talk to a ghost who moved

1483

01:03:23,569 --> 01:03:19,589

your coffee and toast as you listen to

1484

01:03:26,089 --> 01:03:23,579

the higher side chats you get to your

1485

01:03:28,940 --> 01:03:26,099

desk and your boss says it's a mess and

1486

01:03:31,160 --> 01:03:28,950

your soul slowly goes to a place where

1487

01:03:35,300 --> 01:03:31,170

nothing grows when you think he's not

1488

01:03:38,430 --> 01:03:35,310

around you insert a SETI sound

1489

01:03:42,750 --> 01:03:38,440

vom says turn it down and you say it's

1490

01:03:46,130 --> 01:03:42,760

just the higher side chats hello do you

1491

01:03:50,820 --> 01:03:46,140

think you'd be invited to Bohemian Grove

1492

01:03:54,870 --> 01:03:50,830

to a Bilderberg Club oh do you think

1493

01:03:59,970 --> 01:03:54,880

you'd be invited by rust out to a party

1494

01:04:02,330 --> 01:03:59,980

on a submarine diving down

1495

01:04:05,510 --> 01:04:02,340

to the center of the

1496

01:04:09,710 --> 01:04:05,520

to the Marianas Trench your teeth begin

1497

01:04:13,670 --> 01:04:09,720

to clinch from the sulphureous stench the

1498

01:04:17,999 --> 01:04:13,680

mask you give in doesn't fit because

1499

01:04:23,559 --> 01:04:20,920

starting today you'll make plans to get

1500

01:04:26,289 --> 01:04:23,569

away there's no one to hold you down and

1501
01:04:29,140 --> 01:04:26,299
the what if start to drown then you wake

1502
01:04:31,989 --> 01:04:29,150
to the glare of a co fluorescent stare

1503
01:04:34,359 --> 01:04:31,999
and the light winks at you cuz its life

1504
01:04:38,200 --> 01:04:34,369
is almost through but it's holding gone

1505
01:04:57,210 --> 01:04:38,210
to quit time just like you it's time for

1506
01:05:01,089 --> 01:04:59,529
hey guys thanks for listening to the

1507
01:05:03,430 --> 01:05:01,099
first hour of the higher side chats

1508
01:05:05,500 --> 01:05:03,440
podcast with me Greg Carl wood if you

1509
01:05:07,870 --> 01:05:05,510
don't know there is a second hour to all

1510
01:05:09,579 --> 01:05:07,880
the episodes we do around here generally

1511
01:05:11,319 --> 01:05:09,589
we're able to get a lot deeper into the

1512
01:05:13,329 --> 01:05:11,329
topics and ideas that a guest is about

1513
01:05:16,450 --> 01:05:13,339

so if you enjoyed what you've heard from

1514

01:05:18,640 --> 01:05:16,460

THC for free consider signing up at the

1515

01:05:20,620 --> 01:05:18,650

higher side chats plus com to get the

1516

01:05:22,960 --> 01:05:20,630

second hour of the 5 shows I put

1517

01:05:24,849 --> 01:05:22,970

together each month I never really

1518

01:05:26,559 --> 01:05:24,859

wanted to be a paid subscriber podcast

1519

01:05:28,539 --> 01:05:26,569

but I really hate the idea of spending

1520

01:05:30,640 --> 01:05:28,549

airtime promoting some product that's

1521

01:05:32,319 --> 01:05:30,650

completely unrelated and telling you the

1522

01:05:35,079 --> 01:05:32,329

best way to support the show is to buy

1523

01:05:36,759 --> 01:05:35,089

an audio book or new underwear by mail

1524

01:05:39,309 --> 01:05:36,769

or something crazy like that so instead

1525

01:05:40,930 --> 01:05:39,319

if you like the show double your time

1526

01:05:43,029 --> 01:05:40,940

with it for five bucks a month and let's

1527

01:05:44,650 --> 01:05:43,039

cut out all the other [h__h] it's half the

1528

01:05:46,420 --> 01:05:44,660

price of a movie ticket and you get at

1529

01:05:49,029 --> 01:05:46,430

least an extra five hours of show a

1530

01:05:50,829 --> 01:05:49,039

month collectively it keeps us stable

1531

01:05:52,450 --> 01:05:50,839

and it frees me from wasting your time

1532

01:05:55,000 --> 01:05:52,460

with anything but the show you came to

1533

01:05:56,980 --> 01:05:55,010

listen to it's really the only way for

1534

01:05:58,779 --> 01:05:56,990

an independent one-man show to make it

1535

01:06:00,999 --> 01:05:58,789

and I do what I can so that it's worth

1536

01:06:02,980 --> 01:06:01,009

your while since we started this I've

1537

01:06:05,019 --> 01:06:02,990

always tried to use the subscriptions to

1538

01:06:07,569 --> 01:06:05,029

improve the podcast and make signups

1539

01:06:09,490 --> 01:06:07,579

more advantageous it started with just a

1540

01:06:11,170 --> 01:06:09,500

second hour for the main show but now

1541

01:06:13,210 --> 01:06:11,180

we've got a nice forum going where

1542

01:06:14,920 --> 01:06:13,220

people can get deeper in conversation

1543

01:06:17,829 --> 01:06:14,930

about the episodes with other listeners

1544

01:06:19,710 --> 01:06:17,839

submit a candidate in the guest request

1545

01:06:21,579 --> 01:06:19,720

thread or share their own personal

1546

01:06:23,829 --> 01:06:21,589

projects to get out of the soul-crushing

1547

01:06:26,410 --> 01:06:23,839

nine-to-five cog in the wheel life on

1548

01:06:28,089 --> 01:06:26,420

the entrepreneurs thread the forum in

1549

01:06:29,799 --> 01:06:28,099

the Plus comments are always the first

1550

01:06:32,049 --> 01:06:29,809

places I try to go for listener

1551
01:06:34,420 --> 01:06:32,059
engagement but it does get harder as the

1552
01:06:36,249 --> 01:06:34,430
show gets more popular because of that

1553
01:06:37,720 --> 01:06:36,259
there's also a direct messaging feature

1554
01:06:40,569 --> 01:06:37,730
that you can use to reach me through the

1555
01:06:42,190 --> 01:06:40,579
plus site also well beyond the forum if

1556
01:06:44,349 --> 01:06:42,200
you like any of the music I've used for

1557
01:06:46,150 --> 01:06:44,359
THC most of it I've hired artists to

1558
01:06:48,400 --> 01:06:46,160
make and I provided all as free

1559
01:06:49,870 --> 01:06:48,410
downloads to plus members too so if you

1560
01:06:52,059 --> 01:06:49,880
like a particular song you've heard

1561
01:06:54,400 --> 01:06:52,069
close the show out recently come get the

1562
01:06:56,410 --> 01:06:54,410
mp3 I should also mention that if you

1563
01:06:58,749 --> 01:06:56,420

don't like the idea of paying \$5

1564

01:07:00,940 --> 01:06:58,759

recurring every month I get that you can

1565

01:07:03,279 --> 01:07:00,950

buy three months six months or a year

1566

01:07:05,019 --> 01:07:03,289

upfront and just be done with it I have

1567

01:07:07,599 --> 01:07:05,029

plenty of listeners who send checks and

1568

01:07:07,930 --> 01:07:07,609

money orders to the PIO box too I try to

1569

01:07:09,880 --> 01:07:07,940

make it

1570

01:07:11,350 --> 01:07:09,890

is easy for people as I can and you can

1571

01:07:14,080 --> 01:07:11,360

read more about it on the signup page

1572

01:07:15,790 --> 01:07:14,090

also be sure to check out the FAQ help

1573

01:07:17,440 --> 01:07:15,800

page on the plus site if you have any

1574

01:07:19,330 --> 01:07:17,450

questions or concerns about how to

1575

01:07:21,700 --> 01:07:19,340

listen to a password-protected show on

1576

01:07:23,590 --> 01:07:21,710

your devices I've highlighted a lot of

1577

01:07:26,080 --> 01:07:23,600

great solutions and one of those would

1578

01:07:28,750 --> 01:07:26,090

be the iPhone app that just recently hit

1579

01:07:30,910 --> 01:07:28,760

the Apple App Store a super kind and

1580

01:07:32,740 --> 01:07:30,920

talented listener made it for us and you

1581

01:07:34,900 --> 01:07:32,750

can use it to stream or download either

1582

01:07:37,870 --> 01:07:34,910

the free or the plus show if you're on

1583

01:07:39,460 --> 01:07:37,880

Android I'd use pocket casts or podcast

1584

01:07:42,040 --> 01:07:39,470

addict and subscribe to the feed

1585

01:07:44,740 --> 01:07:42,050

manually that way I also try to throw an

1586

01:07:46,720 --> 01:07:44,750

occasional bonus shows or QA shows and

1587

01:07:48,910 --> 01:07:46,730

I've got a few other weird ideas I might

1588

01:07:50,830 --> 01:07:48,920

get to try out soon but I give you all I

1589

01:07:52,510 --> 01:07:50,840

can for five bucks and I hope you'll at

1590

01:07:54,220 --> 01:07:52,520

least give it a shot if you've listened

1591

01:07:55,990 --> 01:07:54,230

to a few free shows and you find them

1592

01:07:57,790 --> 01:07:56,000

unique or valuable I know there's a lot

1593

01:07:59,950 --> 01:07:57,800

of podcasts out there and I'm just one

1594

01:08:01,750 --> 01:07:59,960

of them but if you have any questions

1595

01:08:03,280 --> 01:08:01,760

concerns or comments about any of this

1596

01:08:06,160 --> 01:08:03,290

please get in touch with us at the

1597

01:08:08,080 --> 01:08:06,170

higher side chats team at gmail.com I

1598

01:08:09,490 --> 01:08:08,090

also wanted to plug the higher side

1599

01:08:11,320 --> 01:08:09,500

newsletter I'm gonna be putting out

1600

01:08:13,810 --> 01:08:11,330

totally free for anyone who wants to

1601
01:08:15,970 --> 01:08:13,820
sign up at the main internet website for

1602
01:08:17,860 --> 01:08:15,980
the show the higher side chats com

1603
01:08:19,630 --> 01:08:17,870
you can also get on that email list

1604
01:08:21,970 --> 01:08:19,640
through the higher side chats Facebook

1605
01:08:23,410 --> 01:08:21,980
page there's a button there as well but

1606
01:08:25,930 --> 01:08:23,420
the reason I'm doing this is because I

1607
01:08:28,030 --> 01:08:25,940
get tons and tons of emails after a show

1608
01:08:29,920 --> 01:08:28,040
goes up asking me about how I feel about

1609
01:08:31,510 --> 01:08:29,930
a particular guest or topic and the

1610
01:08:33,430 --> 01:08:31,520
wrap-up isn't always the best place to

1611
01:08:35,470 --> 01:08:33,440
do that especially if I have anything

1612
01:08:37,330 --> 01:08:35,480
negative to say sometimes the dust needs

1613
01:08:39,820 --> 01:08:37,340

to settle sometimes I need to hear

1614

01:08:41,380 --> 01:08:39,830

feedback from you guys first there are a

1615

01:08:43,000 --> 01:08:41,390

lot of factors but I usually have

1616

01:08:45,430 --> 01:08:43,010

something to communicate to you and I

1617

01:08:47,050 --> 01:08:45,440

just don't get to do it so on the first

1618

01:08:48,670 --> 01:08:47,060

of the month I plan to send out a little

1619

01:08:51,010 --> 01:08:48,680

newsletter with my thoughts about the

1620

01:08:52,900 --> 01:08:51,020

five shows the previous month and talk

1621

01:08:55,060 --> 01:08:52,910

to you about anything else that's on my

1622

01:08:56,890 --> 01:08:55,070

mind or that's going on and what's

1623

01:08:58,810 --> 01:08:56,900

probably most enticing is that I'm gonna

1624

01:09:00,580 --> 01:08:58,820

give you some insight into at least one

1625

01:09:02,590 --> 01:09:00,590

guest I have coming up in the month

1626

01:09:04,600 --> 01:09:02,600

which people have been begging for some

1627

01:09:06,520 --> 01:09:04,610

posted schedule for a long time I

1628

01:09:08,230 --> 01:09:06,530

personally think I'd like the surprise

1629

01:09:10,270 --> 01:09:08,240

but sign up for the higher side

1630

01:09:11,740 --> 01:09:10,280

newsletter it's free it comes out on the

1631

01:09:14,620 --> 01:09:11,750

1st of the month and I won't waste your

1632

01:09:16,570 --> 01:09:14,630

time with any other emails and that's it

1633

01:09:18,550 --> 01:09:16,580

I appreciate you listening I try to give

1634

01:09:21,240 --> 01:09:18,560

alternative ideas and guests a fair

1635

01:09:23,249 --> 01:09:21,250

shake on a high-quality podcast expose

1636

01:09:25,110 --> 01:09:23,259

some deep level conspiracies without the

1637

01:09:26,700 --> 01:09:25,120

yelling and I hope to offer some

1638

01:09:28,829 --> 01:09:26,710

inspiration that even though the system

1639

01:09:31,470 --> 01:09:28,839

relentlessly suggests you should follow

1640

01:09:33,300 --> 01:09:31,480

their blueprint to mediocrity you can do

1641

01:09:35,280 --> 01:09:33,310

your own thing and live a much happier

1642

01:09:37,440 --> 01:09:35,290

life despite all the negativity in the